THE DISABLED PERSONS INFORMATION HANDBOOK

Courtesy of Jeffrey E. Buskirk and Associates Social Security Disability Attorneys

Information Handbook for the Disabled

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Attorneys at Law

Serving the Disabled Thoughout Central Ohio

OFFICE LOCATIONS

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Most of the information in this book is produced from the 15th edition of the Senior Citizen Information Handbook. The information is printed by the Franklin County Office of aging and the websites of the entities listed herein. Many thanks for their hard work in assisting the needy in Franklin County, Ohio and Central Ohio.

Dedication

I dedicate this book to help the disabled who live with daily disabilities. I have represented numerous disabled and often homeless individuals. I can only imagine the pain and suffering that the disabled face each day of their lives. I hope that this book helps you find the right services and help that they need.

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Foreword

When a disability prevents someone from engaging in substantial gainful employment, then that person often needs to find alternative ways to provide for their basic needs such as food, clothing, and shelter. While an attorney can help the disabled apply for SSDI/SSI monetary government benefits, the process takes time. During the gap period between applying for benefits and receiving benefits, it is our hope that this resource manual helps the disabled find ways to meet their needs. Additionally, some of the agencies listed in this handbook can provide services related to coping with mental illness and overcoming addictions. Most of the agencies listed in this handbook offer help to the general public, not just to the disabled. Additionally, many partner with other agencies to offer expanded services. Please identify yourself as a person with a disability and identify all of your specific needs when contacting the agencies so that they can better serve you. Furthermore, this handbook was current as of the time of its drafting in early 2014, please check the agencies' websites when possible to obtain the most current information. Public libraries offer free internet access, although printing usually costs money so take a pen and paper to take notes. This handbook does not constitute legal advice, if you need legal advice relating to your SSDI/SSI claims please call an attorney.

Preface

Courtesy of Jeffrey E. Buskirk and Associates, Attorneys at Law representing the disabled before the Social Security
Administration.

Telephone 614-875-7220 or
Toll Free 888-688-1280
To schedule a free consultation. Please let the person making the appointment know if your disability requires an in-home appointment!

Introduction

Jeffrey E. Buskirk and Associates practice in the areas of social security disability and supplemental income.

OFFICE LOCATIONS

4178 Broadway, Grove City, OH 43123

121 West Market Street, Washington C.H., OH 43160

Our Staff

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Social Security Disability

Frequently Asked Questions About Social Security Disability

What is social security disability?

Social Security Disability is a disability insurance policy sponsored by the federal government. Like all insurance policies, you will only get benefits if your policy is in force. Your policy will be in force if you have worked five out of the last ten years before you became disabled.

Must I be permanently disabled to quality for Social Security Disability?

No. The Social Security Disability also applies to those who are temporarily disabled. You must show that you have been disabled or will be disabled for a year.

How far back will social security pay?

Social security will pay back one year before the date of application.

Must I show financial need to receive social security disability?

Community Resources For The Disabled and General Public In Central Ohio

GENERAL REFERRAL LINE FOR COMMUNITY SERVICES

CALL 211 if you are located in Franklin County, Ohio or otherwise call (614) 221-6766 ext. 114 to connect to the referral services of Hands On Central Ohio.

http://handsoncentralohio.org/ or use the online
directory at www.211centralohio.org/

COLUMBUS COALITION FOR THE HOMELESS

Coordinated point of access phone line for shelters:

For <u>single adults</u> 1-888-474-3587

For <u>families</u> 614-253-7970

Domestic violence victims 614-224-4663

<u>Disability Placards and Handicapped Parking Spaces in</u> <u>Front of Your Residence</u>

Applications for handicapped car hangers can be obtained from any local license agency or online. Medical doctor must complete part of the application. Completed applications must be returned to license agency in person or mailed to Ohio Bureau of Motor Vehicles.

OHIO STATE OF, BUREAU OF MOTOR VEHICLES

Disability Placards P.O. Box 16521 Columbus, OH 43216

Phone: (614) 752-7800 Web: <u>www.ohiobmv.com</u>

COLUMBUS CITY OF, TRANSPORTATION DIVISION Residential Handicapped Parking

109 North Front Street, 3rd Floor Columbus, OH 43215

Phone: (614) 645-3111

Web: http://publicservice.columbus.gov/transportation

For handicapped parking place to be designated in front of residence, a home assessment must be made and resident must already have handicapped permit from Ohio Bureau of Motor Vehicles.

Crisis Help Lines:

Choices 24 Hour Line 224-4663 (For victims of domestic violence) 645-4545 **Columbus Police Department Franklin County Sheriff's Department** 462-3333 Franklin County Adult Protective Services 462-4348 (Elder abuse) **Franklin County Children Services** 229-7000 (Child abuse/neglect) Hands on Central Ohio housing/shelter crisis intake for single men and single women 888-474-3587 **Netcare Access** 276-2273 24 hour mental health crisis center Sarnco's 24 hour Rape Help Line 267-7020 **Suicide Prevention (24 hours)** 221-5445 YWCA Family Center 900 Harvey Ct. Columbus OH

614-253-7970

43219 housing/shelter crisis intake for families and 614-253-3910 or

children

Shelters:

Choices - (Domestic violence victims) 224-4663

Community Shelter Board website www.csb.org

Opening Summer 2014 in the West Edge Business Center located at 595 Van Buren Drive near Harmon and Mound Streets is a shelter for men, women, and families. It replaces the Rebecca's Place shelter. Call Sara Loken 614-221-9195 x106 about the new shelter or the main number at 614-221-9195 about other shelter options. It will be operated by the YMCA and YWCA jointly.

<u>Faith Mission</u> –Nancy's Place Women's Shelter 325 East Long Street, Columbus, Ohio 224-6617

Faith Mission - The men's shelter are located at 151 North 6th Street, Columbus, Ohio 224-1429. A second Faith Mission men's shelter is located at 599 East 8th Avenue, Columbus, Ohio 299-3192.

Friends of the Homeless - 924 East Main Street, Columbus, Ohio Rebecca's Place (single women) 251-2037 (new location as of summer 2014, see Community Shelter Board entry.) Men's Shelter - 253-2770.

<u>Homeless Families Foundation</u> - 33 North Grubb Street, Columbus, Ohio 43215 614-461-9247.

<u>Huckleberry House</u> - ages 12 to 17 (1421 Hamlet Street) 294-5553

<u>The Open Shelter</u> - 61 East Mound Street, Columbus, Ohio 43215 614-461-0404, 614-222-2885.

OSU Star House - 1621 N. 4th Street, Columbus, Ohio 43201 614-299-2101 www.voa.org
1776 E. Broad Street, Columbus, Ohio 43203 614-253-6100

YMCA - Family Center 900 Harvey Court, Columbus, Ohio 43219 614-253-3910 or 614-253-7970

Supportive and Transitional Housing

Friends of the Homeless/New Horizons -371 Carpenter Street

YMCA www.ymcacolumbus.org

YMCA for single men, 40 W. Long Street, Columbus, Ohio 43215 614-573-3616 or 614-224-1142

YWCA www.ywcacolumbus.org

YWCA for single women, 65 S. 4th Street, Columbus, Ohio 43215 614-224-9121 ext.1270

Provides housing for single women over 18 who are formerly homeless and struggling with mental illness, as well as low-income women over 18. To get information about the Women's Residency programs, call the Property Manager at 614.224.9121, ext. 1270.

Long-Term Housing

Columbus Metropolitan Housing Authority, 880 E. 11th Avenue, Columbus, OH 43211 http://www.cmhanet.com/614-421-6000 or 614-421-6248

Other Help Lines for Residential Living Options:

LUTHERAN SOCIAL SERVICES OF CENTRAL OHIO, 245 N. Grant Avenue, Columbus, Ohio 43215 614-224-6617 or use the website www.faithmissionofohio.org

Free or Low Cost Clinics Serving Central Ohio

Free clinics provide primary care services with some specialty care referral. Free clinics usually do not prescribe narcotics, provide prenatal care, TB skin testing, or STD/HIV testing unless specifically mentioned in the listing or website. However, clinics are always adding new services so you should call and ask if they offer the service you need. Additionally, times and locations do change so call and verify the time and location before you go.

AAPIO CLINIC

3671 Hyatts Road (Powell) <u>aapioclinic@yahoo.com</u> 4:00 – 8:00

AIDS RESOURCE CENTER OHIO

Multiple locations, see website 1033 N. High Street, Ste. 300, Columbus, OH 43201 614- 340-6777

Web: http://arcohio.org/ ARC Ohio provides free HIV testing at many convenient locations throughout Ohio. An oral swab provides test results in twenty minutes.

ASIAN HEALTH INITIATIVE

2231 N. High St.

614- 220-4023 ext. 224

Call between 5:30 - 7:30 for an appt. on Mondays

BREATHING ASSOCIATION LUNG HEALTH CLINIC

1520 Old Henderson Rd.

614-457-2997

Call between 9:00 – 2:30 for an appointment on Mondays and Wednesdays

BREATHING ASSOCIATION LUNG HEALTH CLINIC

Call IMPACT for an appt. 614- 453-1708 between 9:00 – 3:00 on Tuesdays & Thursdays for appointment

COLUMBUS FREE CLINIC

2231 N. HIGH ST.

614-404-8417

Sign up between 7:00 - 4:30 and must be present at 4:30 First 25 patients will be seen on Thursdays

CLINIC AT FAITH MISSION

315 E. Long
For shelter residents
(Thursdays)

COLUMBUS MEDICAL ASSOCIATION (CMA)

Web: http://goodhealthcolumbus.org/

http://www.communitywalk.com/location/cma free clinic/info/6032336

240 Parsons Avenue (back of building), Columbus, OH 43205.

614-240-7430

COLUMBUS NEIGHBORHOOD HEALTH CENTER CNHC HEALTHCARE FOR THE HOMELESS

Web: http://www.colnhc.org/

http://www.colnhc.org/services/health-care-for-the-

<u>homeless</u>

SERVICES OFFERED

- Case Management
- Outreach Services
- Chronic Disease Management
- Supportive Housing Linkage
- Health Education, promotion, and prevention services
- Transportation Services
- Ancillary Services
- Mental Healthcare Access
- Substance Abuse Counseling Access

Phone CNHC at 614-645-0521 for times and locations.

GRACE CLINIC, Capital City Grace Church

272 Gift Street, Columbus 43215

Website: http://capitalcitygrace.org/grace-clinic/

614-421-6154 or 205-6910

1st and 3rd Tuesday from 4-7 p.m.

GRACE CLINIC

39 W. WINTER ST. (DELAWARE)

740-816-8335

From 6:30 – 8:30 (Wednesdays)

HELPING HANDS HEALTH AND WELLNESS

CENTER

1421 Morse Rd.

614-262-5094

4:00 - 9:00 call for an appt.

(1ST and 3RD Fridays of the month)

LATINO FREE CLINIC

2231 N. High St.

614-293-9906 – call on Wednesday's for an appointment

LOWER LIGHTS CHRISTIAN HEALTH CENTER

1160 W. Broad Street, Columbus, OH 43222

Web: http://www.llchc.org/

614-274-1455 to schedule an appointment

They soon will be offering dental services in addition to medical and counseling services.

PHYSICIANS FREE CLINIC

240 Parsons Avenue614-240-7430Register at 4:30 p.m. on Mondays for an appointment

MOUNT CARMEL OUTREACH

Call for times, locations, and services: 614-546-4200 Mobile Medical Coach website:

http://www.mountcarmelhealth.com/mobile-medical-coach

The medical coach visits nine sites in central Ohio on a rotating schedule. Phone: 614-546-4236

Street Medicine website:

http://www.mountcarmelhealth.com/street-medicine

Street Medicine is a program where medical professionals go out and search for people in need of medical treatment in homeless camps.

NEW LIFE UMC (UNITED METHODIST CHURCH)

25 W. Fifth Street, Columbus, OH 43201. Health and Wellness Center on the lower level is open each Sunday from 7 a.m.-9 a.m. for free <u>basic</u> medical services. 614-294-0134

http://newlifeunitedmethodist.org/ministries_health_and_w ellness_center.asp

This church also has a free clothing room and hosts various addiction recovery meetings such as Alcoholics

Anonymous, Cocaine Anonymous, and Narcotics Anonymous.

SOUTHEAST, INC. HEALTHCARE SERVICES

16 W. Long Street, Columbus, OH 43215

614- 225-0990

Web: http://southeastinc.com/

A provider of mental health, chemical dependency, healthcare, and homeless services.

VICTORY MINISTRIES FREE CLINIC is located in

the Living Hope Free Methodist Church at 4142 Westerville Road, Columbus, OH 43224 614- 252-2500

http://www.victoryministriescolumbus.org/medical_clinic.h tml

Free clinic services for <u>Franklin County residents only</u> include: primary care, prescription assistance, disease screenings, routine health-care (school and work physicals), prevention and care for hyperglycemia and hypertension related issues, etc. 2nd Thursday of each month - registration begins at 5:30 p.m.

Note: this ministry also provides free clothing and a food pantry on different dates and times, call for details.

<u>VINEYARD COMMUNITY CHURCH –</u> REYNOLDSBURG

15187 Palmer Rd.

740- 927-7729

6:30-8:30 Call on the 1^{st} Wednesday of the month

VINEYARD FREE CLINIC

171 E. 5th Ave.

614- 259-5428

Note: signup and arrival times are on different days and

times depending if it is for medical or dental

XENOS/YOUTH FOR CHRIST FREE CLINIC

1934 N. 4th St.

614- 823-6510 ext. 840

Call for registration time, generally on Mondays

XENOS/YOUTH FOR CHRIST FREE CLINIC

40 N. Chicago Avenue

614-823-6510 ext. 840

Call for registration time, generally on Tuesdays

PRESCRIPTION DRUG ASSISTANCE

Target, Wal Mart, Sam's Club, Giant Eagle, and Kroger (select generics) - \$4.00 Generic Programs-

JOIN (578 East Main, Columbus, Ohio 614-241-2531 Hours are Monday through Friday from 10:00 to 11:30 am and 1 to 2 pm for limited emergency assistance.

<u>Ohio Best Rx</u> (prescription discount card to qualified applicants) 1-866-923-7879.

Partnership for Prescription Assistance

1-888-477-2669

FOOD PANTRIES

Emergency food is available at many Franklin County locations. Contact HandsOn Central Ohio at 614- 221-6766 for a referral.

THE CLINTONVILLE-BEECHWOLD COMMUNITY RESOURCES CENTER

14 West Lakeview Avenue Columbus, OH 43202 614-267-3050 Provides food pantry services in zip codes 43202 and 43214.

COLUMBIA HEIGHTS UNITED METHODIST CHURCH

475 Galloway Road, Galloway, Ohio 43119 614- 878-4530 Or call First Link at 614-341-2282

FAIRFIELD COUNTY FOOD PANTRY

2045 East Main Street Lancaster, OH 43130 740- 687-5130 M,T,W,F 11:00am-3:00pm – Thursday 11:00 am-7:00pm

FIRST COMMUNITY CHURCH

Heart to Heart

1320 Cambridge Boulevard Columbus, OH 614- 488-0681

Web: www.fcchurch.com

Open Tuesday and Thursday from 9:30 a.m. to noon. Walk-

ins are accepted.

GAHANNA RESIDENTS IN NEED (GRIN)

Mifflin Presbyterian Church

123 Granville Street Gahanna, OH 43230

614-471-4491

Web: www.grin4gahanna.org

One box of food available per month. This is approximately enough food to feed a family of four for three days. Pantry hours are available online and by calling.

GLADDEN COMMUNITY HOUSE

Gladden Food Pantry

318 S. Glenwood Ave. Columbus, OH 43223

614- 228-2498

Web: www.gladden-us.org

On a monthly basis a three day supply of food can be delivered to frail and homebound seniors. The walk-in pantry offers an emergency supply of three days worth of food for residents of the 43222, 43223 and 43215 area codes.

Residents should bring proof of address such as rent receipt or recent mail from the past 30 days.

PATASKALA SERVICE CENTER FOOD PANTRY

Pataskala, OH 43062 (740) 927-9861

VICTORY MINISTRIES, INC.

2955 Switzer Avenue Columbus, OH 43219 614- 252-2500

Web: www.victorymission.org

Free clothing and food pantry available once a month to those 60 and over or disabled. Must have picture I.D. and proof of address for all adults in household.

Vineyard Community Church

With God's Help Food Pantry

15187 Palmer Road Reynoldsburg, OH 43068 Web: www.vineyard05.com Provides food and toiletry items 740-927-7729

Westside Food Pantry

82 North Wilson Road Columbus, Ohio 43204 614- 279-4635

Westerville Area Resource Ministry

HOPE

175A East Broadway Westerville OH 43081 614- 899-0196

Web: www.warmesterville.org

Provides a 6-day supply of food to eligible clients. Clients may visit the pantry twice a month. They also empower elderly and disabled clients to maximize limited resources by providing assistance with budgets and personal goals while meeting nutritional assistance.

FOOD STAMPS

You may be eligible for food stamps if your assets, savings, investments, etc. plus income, after certain allowable expenses, do not exceed the requirements set by the federal government. When applying for food stamps, take your proof of identity, rent receipts, utility bills, proof of income, bank statements, medical bills, and any other receipts that can prove your eligibility for the program. If you are currently receiving public assistance (OWF, Medicaid, Disability Medical Assistance or Disability Financial Assistance) contact your current caseworker. For additional information, contact the Franklin County Department of Job and Family Services Community Opportunity Center nearest you.

FRANKLIN COUNTY DEPARTMENT OF JOB AND FAMILY SERVICES OPPORTUNITY CENTERS:

EAST OPPORTUNITY CENTER

1055 Mount Vernon Avenue Columbus, OH 43203 614- 212-1999

Fax: 614- 212-1998

Zip Codes:

43068, 43109, 43147, 43203, 43205, 43206, 43209, 43213, 43227

NORTHLAND OPPORTUNITY CENTER

1721 Northland Park Avenue Columbus, OH 43229 614- 233-2000

Fax: 614- 233-2524

Zip Codes

43002, 43004, 43054, 43081, 43082, 43085, 43201, 43202, 43210, 43211, 43212, 43214, 43215, 43216, 43219, 43220, 43221, 43224, 43226, 43229, 43230, 43231, 43234, 43235, 43236, 43240, & 43272

Legal Assistance

OHIO LEGAL RIGHTS SERVICES

50 West Broad Street, Suite 1400 Columbus, OH 43215 614-466-7264 or 800-282-9181

TTY: 614-728-2553 Fax: (614) 644-1888 Web: www.olrs.gov

The mission of <u>OLRS</u> is to protect and advocate, in partnership with people with disabilities, for their human, civil and legal rights. <u>OLRS</u> provides client directed, legal based rights protection and advocacy services to people with disabilities.

PRO SENIORS, INC.

7162 Reading Road, Suite 1150 Cincinnati, OH 45237

Phone: (800) 488-6070 Web: www.proseniors.org

Provides legal information and advice to Ohio residents 60 and older. If caller has a concern that cannot be resolved over the phone, the hotline will try to match the caller with a private attorne4y that has agreed to accept cases at a reduced fee for clients with limited income. Also provides advice and problem investigation/resolution for long-term care concerns and assistance with selecting a long-term care facility.

VINEYARD COMMUNITY CHURCH

Legal Clinic 15187 Palmer Road Reynoldsburg, OH 43068 Phone: (740) 927-7729

Web: www.vineyard05.com

Allows those with a qualified need, the opportunity to meet with an attorney. Because of the limited number of volunteer attorneys and paralegals, it may take 2-3 hours to be seen by a volunteer. Volunteers are able to give advice on resolving the problem or an attorney may take the case and work until resolved, or a referral may be made to another agency. All services are provided free.

CAREGIVER RESOURCES

For information about additional caregiver support programs, call Franklin County Senior Options at (614) 525-6200.

ALZHEIMER'S ASSOCIATION

1379 Dublin Road Columbus, OH 43215 Phone: (614) 457-6003

Fax: (614) 457-6634

Web: www.als.org/centralohio

Sponsors support group meetings on a monthly basis. Caregivers, family members and friends of persons with Alzheimer's disease or related disorders are welcome to attend. Support Groups are a unique opportunity for learning and sharing and are free of charge. Call for meeting locations and times. 24/7 helpline is available by calling 1-800-272-3900.

CAREGIVER CONSULTATION PROGRAM

Norwest Counseling Services 1560 Fishinger Road Columbus, OH 43221

Phone: (614) 237-2957

Web: www.northwestcounselingservices.org

One on one meetings and phone consultations are available to caregivers of older relatives. Meetings take place at times and locations convenient to the caregiver. Meetings are to to assist caregivers in clarifying issues, understanding health problems, preparing for the future, exploring resources and coping with stress.

FRANKLIN COUNTY CAREGIVER SUPPORT PROGRAM

<u>Franklin County Office on Aging</u> 280 East Broad Street, 3rd Floor

Phone: (614) 525-6200 Fax: (614) 525-5300 TTY: (800) 750-0750

Columbus, OH 43215

Web: www.officeonaging.org

The Franklin County Office on Aging, in partnership with the COAAA, provides caregiver services through the National Family Caregiver Support Program. This program provides a variety of services to caregivers of older adults on a short term basis. Services include institutional respite, caregiver counseling, adult day services and minor home repair. Call for more information.

LONG TERM CARE CONSULTATION

Central Ohio Area Agency on Aging

174 East Long Street Columbus, OH 43215

Phone: (614) 645-7250 or (800) 589-7277

Fax: (614) 645-3884 Web: www.coaaa.org Part of a statewide program that offers free in-home assessment advice, learning resources, referrals and written recommendations to people of any age about preparing for or addressing the challenges of older life, including retirement, lifestyle planning and long-term care choices.

CONSUMER PROTECTION

ATTORNEY GENERAL'S OFFICE, STATE OF OHIO

Consumer Protection Section 30 East Broad Street, 14th Floor Columbus, OH 43215

Phone: (614) 466-4986 or (800) 282-0515

Web: www.ohioattorneygeneral.gov

Answers questions and takes complaints regarding consumer transactions before or after the transaction has taken place. Staff follows up on complaints and attempts to arrange fair settlements. Complaints can also be filed online. Educational materials and speakers are available. Monthly Consumer Advocate e-newsletter provides consumer alerts and tips.

BETTER BUSINESS BUREAU

1169 Dublin Road Columbus, OH 43215

Phone: (614) 486-6336 or (800) 759-2400

Fax: (614) 486-6631 Web: www.bbb.org

Email: info@columbus-ohbbb.org

Provides reports on business firms that are helpful before making a purchase or donation. Investigates scams and schemes. Offers marketplace tips and educational presentations. Helps resolve disputes involving business through conciliation, mediation and arbitration. Promotes ethics and integrity.

OFFICE OF THE OHIO CONSUMER'S COUNSEL

10 West Broad Street, 18th Floor Columbus, OH 43215

Phone: (614) 466-8574 or (877) 742-5622

Web: www.pickocc.org

Acts as the residential utility advocate serving as a free resource for individuals who have questions and concerns, or would like more information about the services provided by their publicly owned electric, natural gas, and telephone and water companies. Free speakers are available on a variety of utility topics including services of the Office of the Ohio Consumer's Counsel, renewable energy and energy efficiency. Consumers can call OCC's hotline with complaints against a utility company or questions about utility issues.

COUNSELING

There are many agencies in Franklin County that provide counseling. Most offer services and programs for older adults such as in-home counseling, support groups and enrichment workshops.

CATHOLIC SOCIAL SERVICES

197 East Gay Street, 2nd Floor

Columbus, OH 43215 Phone: (614) 221-5891 Fax (614) 228-1125

Web: www.colscss.org

COLUMBUS AREA, INC.

1515 East Broad Street Columbus, OH 43215 Phone: (614) 252-0711 Fax: (614) 252-9250

Web: www.columbus-area.com

CONCORD COUNSELING SERVICES

700 Brookedge Blvd Westerville, OH 43081 Phone: (614) 882-9338 Fax: (614) 882-3401

Web: www.concordcounseling.org

DUBLIN COUNSELING CENTER

299 Cramer Creek Court

Dublin, OH 43017 Phone: (614) 889-5722

Web: www.dublincounselingcenter.org/Adults.pdf

JEWISH FAMILY SERVICES

1070 College Avenue Columbus, OH 43209

Phone: (614) 231-1890 Fax: (614) 231-4978

NETCARE CORPORATION

NetCare Access 199 South Central Avenue Columbus, OH 43223 Phone: (614) 276-2273

NORTH CENTRAL COUNSELING (NCC)

Locations:

6435 East Broad Street Columbus, OH 43213 Phone: (614) 856-9610 Fax: (614) 475-5208

338 Granville Street Gahanna, OH 43230 Phone: (614) 475-7090 Fax: (614) 475-5208

NORTH CENTRAL MENTAL HEALTH

1301 North High Street Columbus, OH 43201 Phone: (614) 299-6600 Fax: (614) 299-9007

NORTH COMMUNITY COUNSELING CENTERS

Phone: (614) 261-3196

Locations:

1495 Morse Road, Suite B3 Columbus, OH 43229 6565 Worthington-Galena Road, Suite A202, Worthington, OH 43085

3025 West Broad Street Columbus, OH 43204

4897 Karl Road Columbus, OH 43229

NORTHWEST COUNSELING SERVICES

1560 Fishinger Road Columbus, OH 43221

Phone: (614) 457-7876, ext. 332

Fax: (614) 457-7896 TTD: (614) 442-2989

Web: www.northwestcounselingservices.org

RIVERSIDE SENIOR HEALTH SERVICES

John J. Gerlach Center for Senior Health

3724-A Olentangy River Road

Columbus, OH 43214 Phone: (614) 566-5858 Fax: (614) 566-1916

SOUTHEAST, INC.

1455 South Fourth Street Columbus, OH 43207 Phone: (614) 444-0800

Fax: (614) 444-1036

CRIME PREVENTION

ADULT PROTECTIVE SERVICES

Franklin County Office on Aging 280 East Broad Street, Room 300 Columbus, OH 43215

Phone: (614) 462-4348 Fax: (614) 462-5300 TTY: (800) 750-0750

Web: www.officeonaging.org

Provides services to older persons unable to protect their own interests, who are harmed or threatened with harm by another or who, due to their own physical or mental incapacity, are at risk of injury, neglect, maltreatment or deprivation of adequate food, shelter, clothing or other entitlements due them.

COLUMBUS DIVISION OF POLICE

Strategic Response Bureau Community Liaison Section 1120 Morse Road Columbus, OH 43229 Phone: (614) 645-4610

Provides community liaison officers to assist with problem solving, movies, slide presentations and literature on crime prevention and offers free residential security analysis.

Usually 1-2 week notice is required to fill requests.

ADULT DAY SERVICES

Adult day services are designed to meet the supportive needs of older adults living at home, while providing respite for caregivers. For more information, call Franklin County Senior Options at (614) 525-6200.

ADULT DAY ENRICHMENT OF NEW ALANY (ADENA)

20 South Third Street New Albany, OH 43054 Phone: (614) 939-0350

Web: www.newalbanyumc.com/adena.shtml

Provides compassionate and stimulating daytime care for seniors and adults with physical and cognitive challenges within a safe environment. Located in the east wing of New Albany United Methodist Church, ADENA's facilities include an activity room, an exercise room, a nurse's office, a handicapped accessible restroom with shower, and a laundry room.

On-site nursing services consist of routine checks of weight and blood pressure, medication administration, diabetic monitoring and injections and client/caregiver education.

Other services include: Nutritious lunch and snacks; registered nurse, activity staff and program health assistants supervise programs with a high staff to client ratio; medication administration and assistance with special medical needs; safe, secure environment for your loved one; stimulating activities, trips and education programs tailored

to each individual client; weekly dog therapy visits and bathing services. Wheelchair-accessible facilities are available for an additional charge.

HERITAGE DAY HEALTH CENTERS

3341 East Livingston Avenue Columbus, OH 43227 Phone: (614) 236-0586

Fax: (614) 338-2350

Provides comprehensive day services programs in six locations for physically and/or cognitively impaired adults living in the community.

The Centers provide needed health, rehabilitation and recreational services during the day, enabling participants to maintain independence in their own homes for as long as possible. Services provided include health monitoring medication administration, rehabilitation therapies and personal care. Activities include arts and crafts, music, games, exercise and educational discussion groups.

Nutritious lunches, snacks and door-to-door transportation are also provided. A sliding scale fee schedule is used to determine the client's ability to pay. Hours of operation vary by center. Call for specific hours. Referrals can be made to the main office at (614) 236-0586.

ISABELLE RIDGEWAY

1520 Hawthorne Avenue Columbus, OH 43202

Phone: (614) 252-4931Web: www.isabelleridgway.com

Services include assistance or supervision with activities of daily living, monitoring of diets and certain medical conditions, meals, individual and group activities, health screenings, medical and social evaluations, socialization, transportation, recreation, exercise, personal care, counseling, information and referrals, music therapy, podiatry, and dental and optometry services.

LIFE CENTER: ADULT DAY SERVICES

2225 Taylor Park Drive Reynoldsburg, OH 43068

Phone: (614) 866-7212 Fax: (614) 863-4200

Life Center provides adult day services where seniors and adults with disabilities receive an individualized plan of daytime care. The program serves the southeast quadrant of Franklin County and portions of Fairfield and Licking counties.

Therapeutic activities and socialization are incorporated in a well-supervised completely accessible home-like environment. Programs include assistance in daily living activities, art, crafts, intergenerational programs, music therapy, exercise therapy and bathing. A registered nurse is always on duty, a full-time social worker is on staff and all the staff is C.P.R. certified.

SPECIALIZED DAY SERVICES

PATHWAY CLUBHOUSE

Columbus Area, Inc. 1203 East Broad Street Columbus, OH 43205 Phone: (614) 251-7820

Fax: (614) 251-2447

Provides a psychosocial clubhouse for persons in Franklin County experiencing mental illness. Vocational and social opportunities are available. Person must be connected with a mental health center.

SAGE SENIOR SERVICES

Goodwill Columbus 1331 Edgehill Road Columbus, OH 43212 Phone: (614) 294-5181

Fax: (614) 294-6895

Web: www.goodwillcolumbus.com

Provides individualized support services on two shifts for older adults with developmental disabilities. Work opportunities, socialization, community activities, volunteer work and a variety of leisure and recreational activities are available. In-home services also available to eligible persons.

DENTAL SERVICES

COLUMBUS CITY OF, PUBLIC HEALTH

Family Dental Services 240 Parsons Avenue Columbus, OH 43215

Phone: (614) 645-7487

Web: publichealth.columbus.gov/dental-clinic.aspx

Basic dental services provided include exams, x-rays, cleanings, fillings, extractions (pulling teeth), some root canals, and denture repairs. Fees are determined by a sliding-fee, which is determined by family size and income. Medicaid and private insurance are also accepted.

COLUMBUS DENTAL SOCIETY

663-F Park Meadow Road Westerville, OH 43081 Phone: (614)8995-2371

Fax: (614) 895-0060

DENTAL CLINIC

The Ohio State University College of Dentistry 305 West 12th Avenue Columbus, OH 43218

Phone: (614) 292-2751

Comprehensive dental care is provided by dentist and dental hygiene students. Payment is expected with delivery of treatment. Appointments may require 2-3 hours.

GERIATRIC DENTAL CLINIC

The Ohio State University College of Dentistry

305 West 12th Avenue Columbus, OH 43218

Phone: (614) 292-1140

Comprehensive dental services are provided to older adults. Patients experiencing dental problems related to dry mouth are encouraged to take advantage of the services of this clinic.

DISCOUNTS AND COURTESY SERVICES

AMERICA THE BEAUTIFUL- THE NATIONAL PARKS AND FEDERAL RECREATION LANDS PASS

Phone: (888) 467-2757

Web: www.nps.gov/fees_passes.htm

Pay a \$10.00 fee to obtain a lifetime entrance pass (for citizens or permanent U.S. residents 62 or older) to most national parks, monuments, historic sites, recreation areas and national wildlife refuges that charge a fee.

Senior Passes must be purchased at a Federal recreation site or office (National Park, Historic Site, Wildlife Refuge) that charges an entry fee. Proof of age and I.D. are required.

CENTRAL OHIO TRANSIT AUTHORITY

33 N. High Street Columbus, OH 43215

Phone: (614) 228-1776 Web: www.cota.com Passengers who are 65 or older are entitled to ride the bus for 85 cents each way with a COTA Senior I.D. Proof of age is needed, i.e., drivers license, birth certificate, state of Ohio I.D. cards. COTA I.D. cards are issued at the above address weekdays from 9:00 a.m. - 4:00 p.m.

COLUMBUS CITY OF, DEPARTMENT OF PUBLIC UTILITIES

Senior Citizen Discount Program 910 Dublin Road Columbus, Ohio 43215

Phone: (614) 645-8270

Web: www.utilities.columbus.gov

Eligible seniors with a standard home meter will not be required to pay the water base service charge on quarterly water and sewage bills. Seniors eligible for this program always qualify for the Low Income Discount Program. Both must be applied for annually. Call for more details.

COLUMBUS CITY OF, TRANSPORTATION DIVISION

Residential Handicapped Parking 109 North Front Street, 3rd Floor Columbus, OH 43215

Phone: (614) 645-3111

Web: http://publicservice.columbus.gov/transportation

For handicapped parking place to be designated in front of residence, a home assessment must be made and resident must already have handicapped permit from Ohio Bureau of Motor Vehicles.

GOLDEN BUCKEYE PROGRAM

Ohio Department of Aging 50 West Broad Street, 9th Floor

Phone: (800) 422-1976 Fax: (877) 767-9954 TTY: (614) 466-6191

Columbus, OH 43215

Web: www.GoldenBuckeye.com

Open to all Ohio residents age 60 and older, or to qualifying persons with disabilities. Card is honored at participating restaurants, entertainment venues, grocery stores and other establishments. Savings vary by merchant.

GOLDEN HOBBY SHOP

Columbus Recreation and Parks Department

630 South Third Street Columbus, Ohio 43206 Phone: (614) 645-8329

Web: http://recparks.columbus.gov/arts/goldenhobby.asp

Sells new handicrafts made by central Ohio residents age 50 and older on consignment. Accepts new consigners every day; consignment fee to join is \$30 per year. Open Tuesday through Saturday from 10:00 a.m. – 5:00 p.m.

OHIO STATE OF, BUREAU OF MOTOR VEHICLES

Disability Placards P.O. Box 16521 Columbus, OH 43216

Phone: (614) 752-7800 Web: www.ohiobmv.com Applications for handicapped car hangers can be obtained from any local license agency or online. Medical doctor must complete part of the application. Completed applications must be returned to license agency in person or mailed to Ohio Bureau of Motor Vehicles.

EDUCATION

There are many local universities, school districts and senior centers that offer educational programs for older adults. Many are available at little or no charge. For further information, contact the educational institution of interest.

CAPITAL UNIVERSITY SENIOR AUDIT PROGRAM

1 College and Main, Campus Center, Lower Level Columbus, OH 43209

Phone: (614) 236-6150

Students may apply to take selected courses on a non-degree basis. These courses are offered as a part of the daytime, traditional student program. Non-degree applications are available in the Admission Office. A \$25 nonrefundable application fee is required along with the non-degree application.

COLUMBUS LITERACY COUNCIL

195 North Grant Avenue Columbus, OH 43215 Phone: (614) 221 5013

Phone: (614) 221-5013

Web: www.columbusliteracy.org

Works to increase the functional literacy of adults reading below an 8th grade level through teaching the English language skills of listening, speaking, reading, and writing. Also, provides English for Speakers of Other Languages (ESOL) programs which teach the English skills of reading, writing, speaking and understanding to those who need to learn or improve their English language skills.

Ohio Dominican University

Adult Education 1216 Sunbury Road Columbus, OH 43219 Phone: (614) 251-4500

Web: www.ohiodominican.edu

Ohio Dominican University allows adults age 65 and older to either audit classes or take them for credit at a reduced rate. Seniors who wish to take a course for credit will be charged 50% of the remaining balance after filing for Financial Aid. Seniors who audit a class will be charged the price of one credit hour. There may be additional costs for books, technology and parking.

The Ohio State University Program 60

Phone: (614) 292-8860

Web: www.ced.osu.edu/CEd_pro60.html

Ohio residents age 60 or older can take advantage of this no-cost, non-credit way to be a part of the University community. Program 60 students sit in on all types of courses through Program 60 on a space-available basis. Registration is available online only.

Older Wiser Lifelong Scholars (OWLS)

Westminster-Thurber Community

Phone: (614) 228-8888

Web: www.westminsterthurber.org

Several classes are offered per year covering a range of subjects. Call for more information.

OTTERBEIN UNIVERSITY

Senior College 1 South Grove Street Office of the Registrar Westerville, OH 43081 Phone: (614) 823-1356

Web: www.otterbein.edu

Through Senior College, local citizens (age 60 or older) may observe classes at Otterbein University at no cost. Limited seats are available each term. No grades or credit is given. Computer classes, courses with labs and equine science are not available. Parking is free but requires a permit.

Emergency Services

In case of emergency related to Police, Fire, or medical need, dial 911. For emergencies not related to the Police or Fire Departments, such as the need for emergency shelter, food, etc., contact HandsOn Central Ohio at (614) 221-6766.

EMPLOYMENT AND OPPORTUNITIES

<u>AARP FOUNDATION WORKSEARCH</u> PROGRAM

1393 East Broad Street Columbus, OH 43205 Phone: (614) 258-7295 Fax: (614) 258-7723

Web: www.aarpworksearch.org

Helps you sharpen your skills, obtain training, and find a job. If you are 55 or older and meet income qualifications, we may be able to pay you an hourly wage while you train though our Senior Community Service Employment Program.

CENTRAL OHIO WORKFORCE INVESTMENT CORP.

1111 East Broad Streetn Suite 201 Columbus, OH 43205 Telephone 614-559-5052

Website http://cowic.org/ Central Ohio's one-stop employment services provider. Auxiliary aids and services are available to individuals with disabilities.

<u>COVA</u>, the Center of Vocational Alternatives, believes work is vital to recovery. We assist people with mental, emotional and other challenges.

Website http://www.cova.org/

3770 N. High St., Columbus, Ohio 43214

Toll-free 1-877-521-2682

EMPLOYMENT FOR SENIORS

4500 East Broad Street Columbus, OH 43213 Phone: (614) 863-1219

Fax: (614) 863-1358

Web: www.employseniors.org

Provides free employment referral assistance to clients aged 50 years and older, as well as free position postings for Central Ohio employers. Employment for Seniors also provides workshops, programs and services for job seekers. Call to schedule an appointment.

FOSTER GRANDPARENT PROGRAM

HandsOn Central Ohio 195 North Grant Avenue Columbus, OH 43215 Phone: (614) 221-6766

Fax: (614) 221-6866 Web: www.firstlink.org

Stipended volunteers 60 years of age and older share their experience and talents to improve the lives of children with special needs. GOODWILL, Goodwill Columbus Battelle Career Education Center 1331 Edgehill Road, Columbus OH 43212 Telephone: 614.583.0449 or 614.583.0145 Website http://www.goodwillcolumbus.org/ Goodwill Columbus's training facility is ADA compliant and offers the following services, free of charge:

- Resume and application assistance
- Work Readiness Courses: 15 hours total of mock interview experience, resume development, job search and placement assistance, and business etiquette
- Access to Goodwill's Resource Room: job postings, fax machine, copier, computers with free Internet access, and telephones
- Weekly computer basics classes
- Social media classes
- Networking groups
- Referrals to other community services
- Financial literacy classes
- Training on adaptive equipment for people with disabilities
- Transitional work

JEWISH FAMILY SERVICES

1070 College Avenue, Columbus, OH 43209. Telephone numbers: Main line 614-231-1890 Career & Workforce Development 614-237-9675

Website: http://www.jfscolumbus.org/

NEW DIRECTIONS CAREER CENTER

199 East Rich Street Columbus, OH 43215 Phone: (614) 849-0028 Fax: (614) 849-0142

Web: www.newdirectionscc.org

An intensive four-week program for women in career transition. Design to reduce barriers and assist in developing a career plan that will result in satisfying long-term employment. Provides employment preparedness, career counseling, information and referrals and career clothing to individuals in transition.

SENIOR COMPANION PROGRAM

Catholic Social Services 197 East Gay Street, 2nd Floor Columbus, OH 43215 Phone: (614) 857-1237

Seniors 60 and over provide companionship to older adults with special needs. Companions volunteer 20 hours per week. A stipend and travel expenses are provided (companions must meet income guidelines).

END OF LIFE SERVICES

CENTRAL OHIO LIONS EYE BANK

Eye Donations 262 Neil Avenue, Suite 140 Columbus, OH 43215

Phone: (614) 545-2057 Fax: (614) 545-2067 Web: www.coleb.org Accepts donated eyes for corneal transplants, eye research and medical education. Eyes can be donated upon death via the Ohio Donor Registry (BMV) or other legal document of gift. Age is not a limitation for eye research and medical education donors. Up to age 72, donor eyes that are medically eligible may be used for corneal transplants.

COLUMBUS CITY OF, DEPARTMENT OF

PUBLIC SAFETY

Indigent Burial

50 West Gay Street, 2nd Floor

Columbus, OH 43215 Phone: (614) 645-6496

Web: www.publicsafety.ci.columbus.oh.us

The Indigent Burial Program is for persons who are deceased and were homeless without the money, insurance or family able to pay for the cost of a funeral. They also cannot qualify for any other programs such as Veterans Benefits. Funeral home must first be contacted to determine if they will accept the deceased for the Indigent Burial Program.

FUNERAL CONSUMERS ALLIANCE OF

CENTRAL OHIO

P.O. Box 14835

Columbus, OH 43214 Phone: (614) 263-4632

Web: www.ohiofunerals.org

Provides information to help in the pre-planning of inexpensive funerals and memorial services. Provides a summary of funeral home costs in the greater Columbus area. Speakers are available.

HOMEREACH HOSPICE

Kobacker House 800 McConnell Drive Columbus, OH 43214 Phone: (614) 566-5377

Toll Free: (888) 389-6231

Provides home care service and 24-hour on-call support along with inpatient care to terminally ill patients and their families. Hospice services are also available through local area nursing homes. Grief support groups and educational programs are offered on a regular basis to the community.

LIFELINE OF OHIO

Organ and Tissue Donation 770 Kinnear Road, Suite 200 Columbus, OH 43212 Phone (614) 291-5667 or (800) 525-5667

Fax: (614) 291-0660

Web: www.lifelineofohio.org

Lifeline of Ohio is the federally designated, non-profit organ procurement agency charged with facilitating the donation of human organs and tissues for transplant in Central and Southeastern Ohio. Contact Lifeline of Ohio with questions about donation or to place your name in the Ohio Donor Registry.

MOUNT CARMEL HOSPICE

1144 Dublin Road Columbus, OH 43215 Phone: (614) 234-0200 Fax: (614) 234-0201

Web: www.mountcarmelhealth.com/programs-

andservices/hospice/

Provides care for adults diagnosed with a life-limiting illness with a life expectancy in the range of six months or less. Hospice provides comfort through nursing care, pain and symptom management and emotional and spiritual care. Services are available to supplement the family, with on-call availability 24 hours a day, seven days a week. Affiliated with Mount Carmel Palliative Care Services, which provides care and support to individuals with long-term chronic disease.

OHIO STATE UNIVERSITY COLLEGE OF MEDICINE BODY DONATION PROGRAM

279 Hamilton Hall 1645 Neil Avenue Columbus, OH 43210 Phone: (614) 292-4831

Accepts full body donations from Ohio residents after death for use in teaching medical, dental, nursing and a variety of other health professionals. Some restrictions apply. Bodies with the following conditions are ineligible to participate: has contracted a communicable disease, is emaciated or grossly obese, has been autopsied or embalmed, has been disfigured in a fatal accident or has developed ascites, sepsis or septicemia. Call for more information.

WEXNER HERITAGE VILLAGE

Larry and Leonore Zusman Jewish Community

Hospice

1151 College Avenue Columbus, OH 43209 Phone: (614) 559-0350

Web: www.whv.org

Staffed by professionals and volunteers who are sensitive to the unique needs of Jewish patients and their families. However, services are open to people of all faiths. Respite and short term pain and symptom management is offered in a 5-bedroom hospice-dedicated in-patient unit. Individuals receiving in-home care are provided a variety of programs and services, ranging from: bathing, grooming, shopping for groceries, medication set-up, light housekeeping, chronic disease management and traveling companions.

ENERGY ASSISTANCE AND WEATHERIZATION

HOME ENERGYASSISTANCE PROGRAM (HEAP)

Provides assistance in the payment of heating bills during November through March for income-eligible adults and families. For applications and additional information call The Ohio Department of Development at (800) 282-0880, the Central Ohio Area Agency on Aging at (614) 645-7250 or Franklin County Senior Options at (614) 525-6200.

IMPACT COMMUNITYACTION

700 Bryden Road Columbus, OH 43215 Phone: (614) 252-2799

Appointments: (866) 747-1038

Provides assistance in the payment of heating bills November through March for income eligible households. Call for more

information.

IMPACT HOMEWEATHERIZATION ASSISTANCE PROGRAM

1300 Memory Lane North Columbus, OH 43209 Phone: (614) 258-8702

Fax: (614) 258-4532

Provides furnace cleaning and tuning, caulking, weather-stripping, insulation and other energy-saving measures for homes of income-eligible residents of the City of Columbus.

RESIDENTIAL ENERGY CONSERVATION

PROGRAM (WARMCHOICE)

Mid-Ohio Regional Planning Commission

1111 Liberty Street, Suite 100

Phone: (614) 621-1171 Web: www.morpc.org

Columbus, OH 43215

Provides free weatherization service to eligible low-income Columbia Gas customers of Franklin County. Some of the services provided are attic, sidewall and crawl space insulation, weather-stripping and plastic installation. Free furnace tune-ups and replacements (replacements for owner-occupied only) are included in the weatherization package. Tune-up and replacements are not available without the package.

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FOOD AND NUTRITION SERVICES, DINING CENTERS

Home delivered meals may be provided on a sliding fee basis to persons in need who are 60 and older. Call Franklin County Senior Options at (614) 525-6200. Also, call Senior Options for grocery stores in your area that deliver to your home.

COMMUNITY KITCHEN, INC.

Meal Program 640 South Ohio Avenue Columbus, OH 43205 Phone (614) 252-6428

Web: www.communitykitchencolumbus.org/foodpan.html

Serves hot breakfast from 8 a.m. to 9 a.m., Monday through Saturday. Menu varies daily. Lunch is served Monday through Saturday from 11:30 a.m. to 12:45 p.m. A boxed take home meal is provided for dinner on Saturday and Sunday from 5 p.m. to 6 p.m. by the Salvation Army.

FRANKLIN COUNTY, OSU EXTENSION

Family Nutrition Program
2105 South Hamilton Road, Suite 100
Columbus, OH 43232

Phone: (614) 866-6900, ext. 211

Fax: (614) 866-8280

Strives to improve the level of nutritional education of seniors who are food stamp participants or eligible non-participants. Programs include nutrition, meal planning, food safety, and shopping.

MEALS-ON-WHEELS AT LIFECARE ALLIANCE

1699 West Mound Street Columbus, OH 43223 Phone: (614) 278-3130

Web: www.lifecarealliance.org

Meals-on-Wheels are delivered to homebound chronically ill seniors and disabled persons in Franklin and Madison counties. Call for more information.

SENIOR DINING CENTERS OF LIFECARE

ALLIANCE

1699 West Mound Street Columbus, OH 43223 Phone: (614) 278-3153

Web: www.lifecarealliance.org

Serves hot, nutritious noonday meals Monday through Friday at designated Senior Dining Centers in Franklin County. Transportation is available to most dining centers. All meals served at dining center programs meet 1/3 of the nutritional needs of an older adult. The suggested contribution for a meal is \$1.50. Call for more information.

SENIOR DINING CENTER LOCATIONS:

WEST

Dorrian Hilltop Senior Center

SOUTH

Marion Square Senior Residence E.L. Evans Community Center

CENTRAL

Bollinger Tower Salvation Army Golden Age Center Jaycee Arms Senior Residence Nazareth Towers Senior Residence

EAST

Asbury North United Methodist Church Empire Buffet Leo Yassenoff Jewish Center Maplewood Senior Apartments Mt. Vernon Plaza Senior Residence Sawyer Towers Senior Residence Stygler Village Senior Residence Village at Ottawa Ridge

NORTH

Corban Commons Mingflower North Community Evangelical Lutheran Church St. Stephen's Community House Sunflower Restaurant

FOOD PANTRIES

Emergency food is available at many Franklin County locations. Contact HandsOn Central Ohio at (614) 221-6766 for a referral.

THE CLINTONVILLE-BEECHWOLD COMMUNITY

RESOURCES CENTER

14 West Lakeview Avenue Columbus, OH 43202 Phone: (614) 267-3050

Provides food pantry services in zip codes 43202 and 43214.

FIRST COMMUNITY CHURCH

Heart to Heart 1320 Cambridge Boulevard Columbus, OH

Phone: (614) 488-0681 Web: www.fcchurch.com

Open Tuesday and Thursday from 9:30 a.m. to noon. Walkins accepted.

GAHANNA RESIDENTS IN NEED (GRIN)

Mifflin Presbyterian Church

123 Granville Street Gahanna, OH 43230 Phone: (614) 471-4491

Web: www.grin4gahanna.org

One box of food available per month. This is approximately enough to feed a family of four for three days. Pantry hours are available online and by calling.

GLADDEN COMMUNITY HOUSE

Gladden Food Pantry 318 S. Glenwood Ave. Columbus, OH 43223

Phone: (614) 228-2498

Web: www.gladden-us.org

On a monthly basis a three day supply of food can be delivered to frail and homebound seniors. The walk-in pantry offers an emergency supply of three days worth of food for residents of the 43222, 43223 and 43215 area codes. Residents should bring proof of address such as rent receipt or recent mail from the past 30 days.

VICTORY MINISTRIES, INC.

2955 Switzer Avenue Columbus, OH 43219 Phone: (614) 252-2500

Web: www.victorymission.org

Free clothing and food pantry available once a month to those 60 and over or disables. Must have picture I.D. and proof of address for all adults in household. Vineyard Community Church
With God's Help Food Pantry
15187 Palmer Road
Reynoldsburg, OH 43068

Phone: (740) 927-7729

Web: www.vineyard05.com

Provides food and toiletry items. Call 740-927-7729 for assistance.

Westerville Area Resource Ministry Hope

175A East Broadway Westerville OH 43081 Phone: (614) 899-0196

Web: www.warmesterville.org

Provides a 6-day supply of food to eligible clients. Clients may visit the pantry twice a month. Also empowers elderly and disabled clients to maximize limited resources by providing assistance with budgets and personal goals while meeting nutritional assistance.

FOOD STAMPS

You may be eligible for food stamps if your assets (savings, investments, etc.) and income, after certain allowable expenses, do not exceed the requirements set by the federal government. When applying for food stamps, take your proof of identity, rent receipts, utility bills, proof of income, bank statements, medical bills, and any other receipts that can prove your eligibility for the program.

If you are currently receiving public assistance (OWF, Medicaid, Disability Medical Assistance or Disability Financial Assistance) contact your current caseworker. For more information, contact the Franklin County Department of Job and Family Services Community Opportunity Center nearest you.

FRANKLIN COUNTY DEPARTMENT OF JOB AND FAMILY SERVICES OPPORTUNITY CENTERS:

EAST OPPORTUNITY CENTER

1055 Mount Vernon Avenue Columbus, OH 43203 Phone: (614) 212-1999

Fax: (614) 212-1998

Zip Codes: 43068, 43109, 43147, 43203, 43205, 43206,

43209, 43213, 43227

NORTHLAND OPPORTUNITY CENTER

1721 Northland Park Avenue Columbus, OH 43229

Phone: (614) 233-2000 Fax: (614) 233-2524

Zip Codes: 43002, 43004, 43054, 43081, 43082, 43085, 43201, 43202, 43210, 43211, 43212, 43214, 43215, 43216, 43219, 43220, 43221, 43224, 43226, 43229, 43230, 43231, 43234, 43235, 43236, 43240, & 43272

WEST OPPORTUNITY CENTER

314 North Wilson Road Columbus, OH 43204 Phone: (614) 233-2000

Fax: (614) 233-2878

Zip Codes: 43016, 43017, 43026, 43065, 43119, 43126,

43204, 43222, 43223, 43228

SOUTH OPPORTUNITY CENTER

3723 South High Street Columbus, OH 43207 Phone: (614) 233-2000

Fax: (614) 233-2691

Zip Codes: 43110, 43123, 43125, 43137, 43140, 43146,

43206, 43207, 43217, 43232

FRIENDLY VISITING

There are many volunteer programs that make scheduled visits to persons confined to their homes. Also contact your church or temple to see if it provides this kind of assistance through volunteers.

CENTRAL COMMUNITY HOUSE

1150 East Main Street Columbus, OH 43205 Phone: (614) 525-3157

Web: www.cchouse.org

Provides monthly friendly visiting to homebound seniors. Also conducts weekly group meetings and activities which may include field trips, attending special events or presentations on issues relative to older adults. Transportation provided for 43205 and 43206 zip codes.

GLADDEN COMMUNITY HOUSE

Senior Outreach Program

183 Hawkes Avenue

Columbus, Oh 43223

Phone: (614) 227-1600

Web: www.gladden-us.org

Organizes home visits and social outings. Transportation is also available.

METSVAH CORPS VOLUNTEER SERVICES

Jewish Family Services

1070 College Avenue Columbus, OH 43209

Phone: (614) 559-0184

Volunteers befriend older adults in the Jewish Community in Franklin County. Volunteers can visit in the home or participate together in community activities. Clients live in their own homes, apartments or assisted living.

SENIOR COMPANION PROGRAM

Catholic Social Services 197 East Gay St., 2nd Floor Columbus, OH 43215

Phone: (614) 857-1237 Fax: (614) 228-1125 Web: www.colscss.org

Seniors 60 and over provide companionship to older adults with special needs. Companions volunteer 20 hours per week. A stipend and travel expenses are provided (companions must meet income guidelines).

HEATLH RELATED SERVICES

This section includes health centers, in-home nursing services, nursing clinics and other specialized services.

A. Assessment and Care Plan Development

Franklin County Senior Options can assess the need for community based services and develop a plan for care. For more information, call (614) 525-6200.

B. Health Centers, Columbus Neighborhood

Provides health care services to individuals of all ages. Care includes prevention, diagnosis, treatment, pharmacy, laboratory and follow-up services. Special emphasis at these centers is given to the care of those that cannot afford such services, the elderly and those that find health services inaccessible. All services are provided on a sliding fee scale according to your income and family size. For more information, contact the center in your area.

COLUMBUS NORTHEAST HEALTH CENTER

3433 Agler Road, Suite 2800

Columbus, OH 43219 Phone: (614) 645-1600 Fax: (614) 645-1347

EAST CENTRAL HEALTH CENTER

1180 East Main Street Columbus, OH 43205 Phone: (614) 645-5535 Fax: (614) 645-5546

COLUMBUS WEST FAMILY

HEALTH & WELLNESS CENTER

2300 West Broad Street Columbus, OH 43204 Phone: (614) 645-2300 Fax: (614) 645-2333

ST. STEPHEN'S NEIGHBORHOOD HEALTH

CENTER

1500 East 17th Avenue Columbus, OH 43219 Phone: (614) 645-2700 Fax: (614) 645-2727

C HEALTH RELATED EDUCATION

DIVISION OF FIRE, CITY OF COLUMBUSOHIO

Office of Community Relations

3639 Parsons Avenue

Columbus, OH 43207-4054

Phone: (614) 645-7377 Fax: (614) 645-4284

Web: www.columbusfire.org

Offers blood pressure and glucose checks at all fire stations. Speakers, video programs and literature are available. Also, when available, smoke detectors are given to the community at-large. For all other information, visit the web site.

FRANKLIN COUNTY, OSU EXTENSION

Senior Series Program
2105 South Hamilton Road, Suite 100
Columbus, OH 43232

Phone: (614) 866-6900, ext. 218

Fax: (614) 868-8280

Provides educational information to older adults that will improve the quality of their mental and physical health, strengthen their independence and allow optimum opportunities to continue living within their home. Sixteen program topics offered include arthritis, diabetes and aging, senior safety, talking to your doctor and home modification.

HEALTHY, WELL & WISE

Central Ohio Area Agency on Aging 174 East Long St. Columbus, OH 43215 Phone: (614) 645-3875

Or (800) 589-7277 Web: <u>www.coaaa.org</u>

Offers speakers on topics related to health and aging. Choice of over 24 topics. Fee is based on group type. Community groups are free of charge. Speakers are based on availability Monday through Saturday, including early evenings. Presentation length can be tailored to fit meeting time, typically ½ hour to 1 hour.

D. HEALTH SERVICES WITH A SPECIAL FOCUS

AIDS RESOURCE CENTER OHIO

4400 N. High St, 3rd Fl. Columbus, OH 43224

Phone: (614) 299-2437 Toll Free: (866) 739-0720

Fax: (614) 291-7163 Web: www.catf.net

Case management, medical referrals, educational programs, anonymous and confidential HIV testing, volunteer opportunities, mental health counseling, housing and support groups. The Ohio AIDS/HIV/STD Hotline number is (800)332-2437.

ALS ASSOCIATION-CENTRAL & SOUTHERN OHIO CHAPTER

1170 Old Henderson Road, Suite 221

Columbus, OH 43220 Phone: (866) 273-2572 Web: www.alsohio.org

Offers help to patients, caregivers and family by providing services such as public education, advocacy, research and patient and community services. Support group meetings in Columbus meet the first Monday of each month from 6:30 p.m. to 8:30 p.m. Call for more details.

THE ALZHEIMER'S ASSOCIATION OF CENTRAL OHIO

1379 Dublin Road Columbus Ohio 43215 Phone: (614) 457-6003 Fax: (614) 457-6634

Web: www.alz.org/centralohio

Monthly caregiver support groups, educational opportunities, Safe-Return Program, in-home caregiver support team and helpline are available for caregivers, family members and friends of persons with Alzheimer's Disease and related dementias. Most services are free of charge. Call for meeting times and locations. 24/7 helpline is available by calling 1-800-272-3900.

CENTRAL REGION OFFICE

870 Michigan Avenue Columbus, OH 43215

Phone: (614) 228-8466 or (877) 227-6446

Fax: (877) 227-2838 Web: www.cancer.org

Provides emotional support to all cancer patients who request it. Support visitation is provided to breast cancer patients. Can also provide limited assistance in paying for medications and supplies for cancer patients unable to afford them. Services and support groups include: The Helpline, Early Stage Group, Educational Resources, Sunday Respite, Caregiver Support Team, Rural Outreach and Family Support Groups.

AMERICAN HEART
ASSOCIATION/AMERICAN
STROKE ASSOCIATION

5455 North High Street Columbus, OH 43214 Phone: (614) 848-6676

Fax: (614) 848-4227 Web: <u>www.heart.org</u>

Offers free literature on subjects related to heart and blood vessel disease as well as heart disease prevention. Community services include: speakers bureau, worksite wellness programs and school education.

AMERICAN LUNG ASSOCIATION OF OHIO (ALAO)

1950 Arlingate Lane Columbus, OH 43228

Phone: (614) 279-1700 or (800) 232-5864

Fax: (614) 279-4940 Web: www.ohiolung.org

Provides information, education, videos and workshops about various lung diseases to those afflicted, their families and caregivers. Offers information on COPD (Chronic Obstructive Pulmonary Disease), asthma, flu, pneumonia, tuberculosis, radon and indoor and outdoor air quality. ALAO also offers programs and self-help materials for those ready to quit smoking.

ARTHRITIS FOUNDATION CENTRAL OHIO CHAPTER

3740 Ridge Mill Drive Hilliard, OH 43026 Phone: (614) 876-8200

Fax: (614) 876-8363 Web: www.arthritis.org

Offers information and referral services, land and water exercise programs, support groups and self-help courses. Also offers financial assistance for medication, durable medical equipment and home assessments by occupational therapists.

BRAIN INJURY ASSOCIATION OF OHIO

855 Grandview Avenue, Suite 225 Columbus, OH 43215

Phone: (614) 481-7100 Web: <u>www.biaoh.org</u>

For people of any age who are brain injury survivors as a result of a car accident, falls, not enough oxygen, heart attack, etc. Open to family members, friends and service providers as well. Meets at Grandview Library. Call for details.

THE BREATHING ASSOCIATION

1520 Old Henderson Road Columbus, OH 43220 Phone: (614) 437-1521

Fax: (614) 457-3777

Web: www.breathingassociation.org

Provides individual evaluation and home visitation to promote lung health and independent living in persons with COPD (chronic obstructive pulmonary disease). Offers a monthly support group at two Central Ohio locations. Offers free literature on diseases such as emphysema, asthma and chronic bronchitis, while serving as a referral center for adults with lung disease. Speakers available for presentations on lung diseases and breathing exercises. Free lung health clinic, HEAP program and prescription assistance for qualifying individuals.

CENTRAL OHIO DIABETES ASSOCIATION

1100 Dennison Avenue Columbus, OH 43201 Phone: (614) 884-4400

Fax: (614) 884-4484

Web: www.diabetesohio.org

Offers nutritional counseling with a registered dietitian, free diabetes detection blood tests at test sites, diabetes literature, patient education classes, counseling with nurse educator, case management services and medical assistance programs and support of local research.

CENTRAL OHIO PARKINSON SOCIETY (COPS)

2800 Corporate Exchange Dr, STE 265

Columbus, OH 43231

Phone: (614) 890-1901 or (866) 920-6673 Web: www.centralohioparkinson.org

Provides literature, support groups, exercise classes, speech therapy and Alexander Technique and Tai Chi classes to persons with Parkinson's Disease. Other activities include caregiver support groups, annual symposia and advocacy opportunities. Services are free of charge.

COLUMBUS CANCER CLINIC

1699 W. Mound Street Columbus, OH 43223 Phone: (614) 263-5006

Fax: (614) 263-5019

Web: www.columbuscancerclinic.org

Must be a cancer patient in Franklin County. Application is required. Must have income less than 150% above Federal poverty level, and less than \$5,000 liquid assets. Contracts with the American Red Cross and Yellow Cab to transport patients to and from cancer therapy and cancer-related medical appointments. Therefore, the clinic requires that cancer patients apply for additional transportation assistance (MCD, FCSO, etc). The clinic also offers mammograms and cancer screenings. Government-funded; must pay first.

EPILEPSY FOUNDATION OF CENTRAL OHIO

17 South High Street, Suite 1000

Columbus, OH 43215 Phone: (614) 358-0874 Toll Free: (800) 878-3226 Fax: (614) 467-2071

Web: www.epilepsy-ohio.org

Dedicated to the prevention, cure and control of epilepsy through increasing public awareness and enhancing the quality of life for those affected. Free educational programs, counseling services and support groups are available to those living in Franklin and surrounding counties.

NATIONAL KIDNEY FOUNDATION SERVING OHIO

2800 Corporate Exchange Drive, Suite 260 Columbus, OH 43231

Phone: (614) 4882-6184 or (800) 242-2133

Fax: (614) 882-6564

Web: www.nkfofohio.org

Seeks answers to the prevention, treatment, management and cure of kidney and urinary tract disease through research and education. Provides donor cards for those wishing to donate organs and tissue after death. Educational programs and literature are provided for the community at no charge. An emergency fund is also provided to individuals with kidney failure, which is coordinated by the dialysis center social workers.

NATIONAL MULTIPLE SCLEROSIS SOCIETY

651-G Lakeview Plaza Boulevard

Worthington, OH 43085 Phone: (614) 880-2290 Toll Free: (800) 344-4867

Fax: (614) 880-2296

Web: www.msohiobuckeye.org

Provides free services for individuals living with multiple sclerosis. Services include:

- Transportation: provides door-to-door transportation to medical appointments and MS self-help groups. Cabs and life transport available. Need 7-10 days notice.
- Respite Care: aids in obtaining home health care services and short term respite care.
- Counseling: short term solution focused individual and family therapy with counselors knowledgeable about MS.
- Equipment Program: financial assistance for purchase or repair of durable medical equipment. Equipment available to borrow from the Chapter Loan Program.
- Self-Help Groups: a network of self-help groups for people with MS, their families and friends.
- Peer Support: one-on-one peer support via telephone.

NETCARE CORPORATION

199 South Central Avenue Columbus, OH 43223-1301

Phone: (614) 276-2273 (CARE) 24-hour Crisis

Hotline: (614) 274-9500 Fax: (614) 279-0925

Franklin County's front door for mental health, drug and alcohol services. Provides crisis de-escalation and stabilization at two 24-hour centers. Drug and alcohol assessment and referral services available by walk-in and appointment. Fees vary with services; services available to everyone regardless of ability to pay. Crisis Services available at 74 E. Broad Street, Columbus, OH 43205. Call (614) 278-0060 for more details.

OHIO STATE UNIVERSITY PSYCHOLOGICAL SERVICES CENTER

1835 Neil Avenue, Room 105 Columbus, OH 43210

Phone: (614) 292-2059

Web: www.labs.psy.ohio-state.edu/psc/

The Psychological Services Center is an outpatient clinic for all ages seeking psychological assessment and psychotherapy. Screening is available for dementia and other cognitive assessment as well as counseling for anxiety and mood disorders. Treatment for emotional and psychological disorder is provided to caregivers as well. Clinicians are advanced psychology graduate students supervised by licensed

psychology faculty. Appointments for individual, family, or group therapy for adults are available.

E. HEARING AND SPEECH SERVICES

For a list of services, please refer to "Hearing and Speech Services,"

F. NURSING CLINICS

WELLNESS CENTERS OF LIFECARE ALLIANCE

1699 West Mound Street Columbus, OH 43223 Phone: (614) 278-3130

Web: www.lifecarealliance.org

Staff includes Registered Nurses, Registered Dietitian, Adult Nurse Practitioner and Visiting Pharmacist.

Nurses provide high quality health services in wellness centers located throughout Franklin County. Services include health assessments, skilled nursing care, with a focus on health promotion and education, disease prevention and chronic disease management.

See following list for locations. Donations are appreciated.

WELLNESS CENTERS OF LIFECARE ALLIANCE:

East Maplewood Senior Center

91 Maplewood Avenue (614) 437-2923

Trinity Baptist Church

461 St. Clair Avenue & Atcheson Street (614) 437-2923

South

Marion Franklin Community Center 2801 Lockbourne Road (614) 437-2927

North

Gillie Senior Recreation Center 4625 Morse Center Drive (614) 540-9997

West

LifeCare Alliance Wellness Center 670 Harmon Avenue (614) 437-2969

G. VISION SERVICES

For a list of services, please refer to "Vision Services,"

COLUMBUS MEDICAL ASSOCIATION Physicians Free Clinic/Voluntary Care Network 431 East Broad Street, Suite 300

Columbus, OH 43215 Phone: (614) 240-7410

Web: www.goodhealthcolumbus.org

Connects low-income, uninsured residents with medical homes and improves access to specialty care. Care coordination addresses the needs of patients as they navigate the health care system and works to provide them with the resources necessary to obtain appropriate health care services.

NIGHTINGALE HOME CARE

3380 Tremont Road Columbus, OH 43221-2112 Phone: (614) 457-6006

Fax: (614) 442-2020

Web: www.nightingalehomecare.org

Nightingale Home Care provides care for the elderly, frail or chronically ill patients with special expertise in caring for those afflicted by dementia and Alzheimer's disease. Services are provided by nurses, home health aides, physical therapists, occupational therapists, speech therapists and geriatric social workers. Respite Care Services provide regularly scheduled relief for caregivers, and Personal Care Services assist patients with bathing, grooming, dressing, feeding and ambulating. Nightingale Home Care can also provide Functionality and Residential Home Assessments, Complete Care Planning, Physician Ordered Treatments and Diet and Medication Training for Caregivers.

OHIO KePRO

Rock Run Center

5700 Lombardo Center Drive, Suite 100

Phone: (800) 589-7337 Web: <u>www.ohiokepro.com</u>

Seven Hills, OH 44131

Ohio KePRO is a quality improvement organization contracted by the Centers for Medicare and Medicaid Services. Monitors the quality, necessity and appropriateness of health care received under Medicare. Call the toll free number if you have concerns about the care you receive or are facing early discharge. Literature and speakers are available.

PASSPORT

Central Ohio Area Agency on Aging

174 East Long Street Columbus, OH 43215 Phone: (614) 645-7250

Web: www.coaaa.org

PASSPORT (Pre-Admission Screening System Providing Options and Resources Today), a program of the Central Ohio Area Agency on Aging, provides home and community-based services to those who are eligible in an eight county service area. For more information about home care services or to make a referral, call (614) 645-7250.

RIVERSIDE SENIOR HEALTH SERVICES

John J. Gerlach Center for Senior Health

3724-A Olentangy River Road Columbus, OH 43214

Phone: (614) 566-5858 Fax: (614) 566-6807

Riverside Senior Health Services, located in The John J. Gerlach Center for Senior Health, provides a positive perspective to aging through healthcare programs and support services especially designed for the unique needs of older adults and their families. Services provided include:

- Heritage Day Health Program
- AdvantAge Senior Membership: includes health and wellness education.
- Cognitive disorders consultation
- Balance and Mobility clinic
- Geriatric Assessment Clinic

Also offers yearly flu and pneumonia vaccine clinics, support for caregiver, volunteer opportunities, transportation to and from medical appointments and travel opportunities for a fee

SENIOR INDEPENDENCE

6555 Busch Blvd. Suite 200 Columbus, OH 43229 Phone: (614) 433-0031

Services include skilled nursing, physical therapy, occupational therapy, speech therapy, hospice, IV infusion and wound care. Call for information on payment and fees.

VINEYARD COMMUNITY CHURCH

Free Medical Clinic 15187 Palmer Road Reynoldsburg, OH 43068 Phone: (740) 927-7729

Web: www.vineyard05.com

Offer routine medical care at no charge including: work physicals, health screenings, and treatment for non-emergency illnesses. Vision screenings are also available. During medical clinic hours, a simple meal and dessert are also served. Guests are seen in the order they arrive. No Appointments.

VISITING NURSES OF LIFECARE ALLIANCE

(VNA) 1699 West Mound Street Columbus, OH 43223

Phone: (614) 278-3130 Fax: (614) 351-6699

Web: www.lifecarealliance.org

Offers a wide range of services in the home: skilled nursing care, wound care, infusion therapy, home health aide services, physical and occupational therapies, social services, medication education and scheduling, pharmacist services and medical nutrition education. The services provided may allow patients to remain in or return to their own homes earlier from a hospital, rehabilitation center or other facility. Staff works focuses on recovery, education, training and independence. Certified by the federal government and is able to bill Medicare, Medicaid and selected private insurance.

Hearing and Speech Services

Hands-On Central Ohio

TTY: (614) 341-2272

Ohio Relay Service TDD: (800) 750-0750

COLUMBUS COLONY

1150 Colony Drive Westerville, OH 43081

Phone: (614) 891-5055 Fax: (614) 794-7461

Web: www.columbuscolony.org

Columbus Colony is a not-for-profit unique residential community adapted for the deaf, deaf-blind and deaf multi-handicapped with special priority for elderly persons. Offers support facilities, access to existing social services, respite care, health care and other programs.

COLUMBUS SPEECH AND HEARING CENTER

510 East North Broadway Columbus, OH 43214 Phone: (614) 263-5151

TTY: (614) 263-2299 Fax: (614) 263-5365

Web: www.columbusspeech.org

Provides complete diagnostic, hearing aid and therapeutic services for individuals with speech, language or hearing difficulties.

DEAF MODIFICATION PROGRAM City of Columbus, Department of Development 757 Carolyn Avenue Columbus, OH 43224 Phone: (614) 841-1991

Email: communityresources@dcs.org

The City of Columbus has contracted with Deaf Services Center at 5830 N. High St. Worthington, OH 43085 to provide modifications to the homes of deaf and hard of hearing persons. Must meet income guidelines and live in the City of Columbus.

DEAF SERVICES CENTER, INC.

5830 North High Street Worthington, OH 43085 Phone/TTY: (614) 841-1991

Web: www.dsc.org

Provides specialized assistive equipment to deaf and hard of hearing individuals to increase safety and accessibility of their home. Must meet income requirements and be a resident in the city of Columbus.

MID-OHIO BOARD FOR INDEPENDENT LIVING ENVIRONMENT/MOBILE CENTER FOR INDEPENDENT LIVING (MOBILE)

690 South High Street Columbus, OH 43206 Phone: (614) 443-5936 TTY: (614) 443-5957

Fax: (614) 443-5954

The Deaf Equipment Program provides TTY equipment, visual smoke detectors, doorbell signalers, baby monitors, etc. to persons who are deaf. Applicants must meet guidelines established by the Franklin County Board of Commissioners. This program serves people living in Franklin County, but outside the city of Columbus.

SPEECH-LANGUAGE-HEARING CLINIC

The Ohio State University
141 Pressey Hall
1070 Carmack Road
Columbus, OH 43210-1002

Phone: (614) 292-6251 Fax: (614) 292-5723

Evaluation and treatment services are provided for anyone who sustains a communication disorder involving speech, language or hearing. Hearing aid services are available. Waiting time for an appointment is usually less than two weeks, depending on service required. A fee is required for services.

STARKEY HEARING FOUNDATION

Hear Now 6700 Washington Avenue South Eden Prairie, MN 55344

Phone: (800) 648-4327

Web: www.sotheworldmayhear.org

Assists those permanently residing in the U.S. who are deaf or hard of hearing and have no other resources to acquire hearing aids. Eligibility determined by income and assets. Donations of used hearing aids also accepted.

WESTERVILLE PUBLIC LIBRARY

126 South State Street Westerville, OH 43081 Phone: (614) 882-7277 TDD: (614) 895-7896

Web: www.westervillelibrary.org

The Westerville Public Library provides access to the library resources by the deaf community through a TDD in the Reference Services department. Also offers sign language classes to the public at the beginning and intermediate levels. Minor home repair is available for persons in need who are ages 60 and older (income eligibility criteria apply). Call Franklin County Senior Options at (614) 525-6200.

CITY OF COLUMBUS, DEPARTMENT OF DEVELOPMENT

757 Carolyn Avenue Columbus, OH 43224

• Chores Program (614) 645-6771: Provides minor home repairs for seniors and/or disabled living in the City of Columbus. Must meet income guidelines.

Available in three locations:

- LifeCare Alliance (614) 278-3130
- The Economic and Community

Development Institute (614) 559-0115

• Rebuilding Together (614) 258-6392

• Home Safe & Sound (614) 645-8526: Provides repairs to assist in correcting substandard, unsanitary conditions to owner-occupants of a single family residential structure. Must meet income guidelines and live in the home for a minimum of one year and reside in designated yearly target areas. Serves 43204, 43207, 43219 and 43232 zip codes. Call for information.

HOME MAINTENANCE AND REPAIR

CITY OF COLUMBUS, DEPARTMENT OF DEVELOPMENT

- Home Modification Program (614) 645-8526 Provides modifications to the homes of persons with physical disabilities to increase the independent living opportunities in their home. Must meet income guidelines and live in the City of Columbus.
- Deaf Modification Program (614) 841-1991 TTY/Voice: Provides modifications to the homes of persons with hearing impairments to increase independent living opportunities in their homes. Must meet income guidelines and live in the City of Columbus.

CITY OF COLUMBUS DEPARTMENT OF

DEVELOPMENT Relocation Office 50 West Gay Street Columbus, OH 43224

Phone: 311

Web: www.311.columbus.gov/cocosr

Investigates tenants' complaints regarding structural safety of their residences, wet basements, mold, etc. Also investigates owner's refusal to make repairs and/or to provide heat and water if responsible for providing. Responds to complaints of high grass, weeds, trash, yard and animal waste, abandoned vehicles, rodents and insects on public or private property.

CITY OF COLUMBUS, DIVISION OF

REFUSE COLLECTION

Exemption Program 2100 Alum Creek Drive Columbus, OH 43207 Phone: (614) 645-8774

Web: www.311.columbus.gov

For residents who are unable to move trash cans to the street. A doctor's verification form will be mailed out to be completed stating resident's need for assistance. Once received by Division of Refuse Collection, arrangements will be made for driver to take trash can to the street.

THE CLINTONVILLE-BEECHWOLD
COMMUNITY
RESOURCES CENTER
Senior Service Program
14 West Lakeview Avenue
Columbus, OH 43202
Phone: (614) 267-3050

Provides health and safety related repairs to homeowners unable to afford them over the age of 60 and those 55 and older who are declared disabled. Services the following zip codes:

43201, 43202, 43211, 43212, 43214, 43215, 43219, 43224, 43229 and 43231.

<u>Division of Fire, City of Columbus, Ohio</u> 3675 Parsons Avenue Columbus, OH 43207 Phone: (614) 724-0935

Residents may call to request free smoke detectors to be installed by the Fire Department. Callers will be placed on a waiting list and will be called back when distribution of smoke detector is available.

FRANKLIN COUNTY TREASURER

373 South High Street, 17th Floor Columbus, OH 43215 Phone: (614) 462-7503

Web: www.terasurer.franklincountyohio.gov

Foreclosure intervention seminars are sponsored monthly for those in danger of foreclosure to talk to housing counselors and attorneys. Foreclosure intervention professionals answer questions on foreclosure, mortgage counseling, debt management and loss mitigation at no cost. Participants learn about legal rights, have interactive discussions and receive individual advocacy and referrals.

FRANKLIN PUBLIC HEALTH

280 East Broad Street Columbus, OH 43215 Phone: (614) 525-3160 Web: www.myfcph.org

• Community Development Block Grant Program Provides grants to low-income homeowners (outside the City of Columbus) for repairing one system (roof, furnace, etc.). Also provides safety and accessibility modifications (wheelchair ramps, etc.) and sewer system repair.

LIFECARE ALLIANCE CHORES PROGRAM

1699 West Mound Street Columbus, OH 43223

Phone: (614) 278-3130

Web: www.lifecarealliance.org

Provides minor home repairs for seniors 60 years of age or older and/or with a disability, or a household with a family member who has a disability. Eligible households include families/households earning 80% or less of the area median income as determined by HUD with adjustments for smaller and larger families or households.

MID-OHIO REGIONAL PLANNING COMMISSION (MORPC)

111 Liberty Street, Suite 100 Columbus, OH 43215

Phone: (614) 228-2663 Web: www.morpc.prg

- Franklin County Single-Family Housing Rehabilitation Program: Housing rehabilitation loan and grant assistance for single-family, owneroccupied homes located within Franklin County but outside the city limits of Columbus.
- Residential Energy Conservation Program: Income eligible applicants may receive free home repairs (if needed) including added insulation, a new furnace, hot water heater, or refrigerator in order to make homes more safe and comfortable, lower utility bills and help the environment.

SOUTHEAST, INC.

1705 South High Street Columbus, OH 43207 Phone: (614) 445-8442

Fax: (614) 445-3369

Provides residential cleaning, moving, snow shoveling and labor support for individuals and businesses in Franklin County for a fee.

REBUILDING TOGETHER COLUMBUS

P.O. Box 1347

Grove City, OH 43123 Phone: (614) 258-6392 Fax: (614) 252-2593

A volunteer initiative of skilled and unskilled community members who get together to help restore homes to be warm, safe and dry. Focuses on elderly, disabled and low income homeowners. Supported through donations by businesses, individuals and foundation grants. Applicants must meet eligibility criteria. Serves homes in the Columbus and Franklin County area. Homemaker service is available on a sliding-fee scale basis for persons in need who are age 60 and older. Call Franklin County Senior Options at (614) 525-6200.

CATHOLIC SOCIAL SERVICES

197 East Gay Street, 2nd Floor Columbus, OH 43215 Phone: (614) 221-5891

Fax: (614) 228-1125 Web: <u>www.colscss.org</u>

Serves the following zip codes: 43119, 43126, 43212, 43222, 43228, 43123, 43204, 43215 and 43223.

COMMUNITY CARE REGISTRY

Franklin County Office on Aging 280 East Broad Street, Room 300 Columbus, OH 43215

Phone: (614) 525-4161

Assists those in need with finding and hiring self-employed home care workers who can assist with various tasks such as, personal care, housekeeping, shopping, meal preparation and caregiver relief. Provides access to pre-screened experienced home care workers whose qualifications, availability and service fees match your particular needs.

LIFECARE ALLIANCE

Help-at-Home Program 1699 West Mound Street Columbus, OH 43223

Phone: (614) 278-3130

Web: www.lifecarealliance.org

Homemakers and home health aides assist with daily living skills. Homemakers may perform light housekeeping, errands, or shopping. Home health aides provide personal care to people older than 60 or chronically ill individuals that are unable to accomplish these tasks alone.

SENIOR INDEPENDENCE

6555 Busch Blvd. Suite 200 Columbus, OH 43229 Phone: (614) 433-0031

Provides homemaking and companionship. Call for fees.

HOSPITALS

Most hospitals have social service departments whose staffs are available to assist patients and their families in planning for discharge, financial matters, nursing home placement, arranging in-home services, etc. In addition, many hospitals provide a wide range of inhome supportive services for older adults. For further information, contact the hospital directly. A listing of nonprofit hospitals follows. Consult the phone book for other hospital listings. For complaints of premature hospital discharge of Medicare beneficiaries, call Ohio KEPRO at (800) 589-7337.

DOCTORS HOSPITAL WEST

5100 West Broad Street Columbus, OH 43228 Phone: (614) 544-1000

GRANT MEDICAL CENTER

111 South Grant Avenue Columbus, OH 43215

Phone: (614) 566-9310 Patient/Visitor Information

(614) 566-9265 Social Services

MOUNT CARMEL EAST

6001 East Broad Street Columbus, OH 43213

Phone: (614) 234-6085 Case Management (614) 234-6220 Patient/Visitor Information

MOUNT CARMEL ST. ANN'S HOSPITAL

500 South Cleveland Avenue

Westerville, OH 43081

Phone: (614) 898-4000 Main Number

(614) 898-4100 Patient/Visitor Information

(614) 898-4385 Case Management/Social

Work Services

MOUNT CARMEL WEST

793 West State Street

Columbus, OH 43222

Phone: (614) 234-5000 Main Number

(614) 234-5165 Case Management/Social Work

Services

(614) 234-5060 Patient/Visitor Information

MOUNT CARMEL EAST

1492 East Broad Street

Columbus, OH 43205

Phone: (614) 257-3160 Patient/Visitor Information

(614) 257-3257 Social Work Services

THE OHIO STATE UNIVERSITY MEDICAL CENTER

410 West Tenth Avenue

Columbus, OH 43210

Phone: (614) 293-8427 Social Work Services (614) 293-8300 Patient/Visitor Information

THE OHIO STATE UNIVERSITY PSYCHIATRY

OSU Harding Hospital

1670 Upham Drive

Columbus, OH 43210

Phone: (614) 293-9600 General Information

RIVERSIDE METHODIST HOSPITALS

3535 Olentangy River Road

Columbus, OH 43214

(614) 566-5221 Patient Information: Phone:

(614) 566-5858 Senior Health Programs

(614) 566-5397 Social Services

(614) 566-5000 Patient/Visitor Information

TWIN VALLEY BEHAVIORAL HEALTHCARE

2200 West Broad Street

Columbus, OH 43223

Phone: (614) 752-0333 General Information

HOUSING AND ALTERNATIVE LIVING

There are many public and private housing facilities in Franklin County. The Franklin County Office on Aging publishes the Senior Citizen Housing List, which may assist you in finding housing that meets your needs. Call (614) 525-5230 or visit www.officeonaging.org to obtain a free copy.

For additional information regarding housing options for the homeless, call Hands On Central Ohio at (614) 221-6766 or 2-1-1.

COLUMBUS HOUSING PARTNERSHIP

Home Port Program

562 East Main Street Columbus, Ohio 43215

Phone: (614) 221-

Web www.chpcolumbus.org

Offers free workshops designed to help individuals and families become and remain successful homeowners. Counseling in areas such as foreclosure prevention; and credit and budget planning is available as well as a list of affordable housing.

COLUMBUS METROPOLITAN HOUSING

AUTHORITY (CMHA)

880 East Eleventh Avenue Columbus, OH 43211

Phone: (614) 421-6000 Fax: (614) 421-4505 TDD: (614) 421-6209

Web: www.cmhanet.com

<u>CMHA</u> serves Columbus by helping people access affordable housing, promoting neighborhood revitalization and assisting residents in accessing needed social services. Rents are based on income.

COLUMBUS URBAN LEAGUE

788 Mt. Vernon Avenue Columbus, OH 43203 Phone: (614) 257-6300

Fax: (614) 257-6327 Web: www.cul.org

The Fair Housing Program provides both government subsidized and private market lists of affordable housing for individuals. The office investigates and verifies discrimination complaints through established federal and state process. Provides counseling and mediation services regarding landlord/tenant relations. Distributes books, brochures, posters and other housing related informational material. Provides homebuyer education workshops and information.

COMMUNITY MEDIATION SERVICES OF CENTRAL OHIO

67 Jefferson Avenue, 2nd Floor Columbus, OH 43215 Phone: (614) 228-7191

Web: www.communitymediation.com

Provides dispute resolution in areas such as: Neighborhood zoning, neighbor-to-neighbor conflicts, family disputes such as divorce, custody, support, etc. Works as an alternative to legal action to a positive resolution of all parties involved.

THE ENGAGEMENT CENTER AT

MARYHAVEN

1791 Alum Creek Drive Columbus, OH 43207 Phone: (614) 449-1530

Fax: (614) 449-9361

Web: www.maryhaven.com

Admissions received via Netcare Reach Out and police. Any referral from a hospital must have a nurse-to-nurse report prior to acceptance. Must be intoxicated and homeless. Offers 24-hour emergency services, case management and referrals to treatment.

FAITH MISSION - NANCY'S PLACE

325 East Long Street Columbus, OH 43215

Phone: (614) 224-6617, ext. 2162 Web: www.faithmissionofohio.org

Provides three meals a day and case management for up to 42 women.

FAITH MISSION ON EIGHTH

599 East Eighth Avenue Columbus, OH 43201 Phone: (614) 299-3192

Web: www.faithmissionofohio.org

Serves up to 95 men each night. Provides case management and three meals daily.

FAITH MISSION ON SIXTH

151 North Sixth Street Columbus, OH 43215

Phone: (614) 224-6617, ext. 2151 Web: www.faithmissionofohio.org

Provides shelter, meals and hygienic necessities for up to 110 men.

FRANKLIN COUNTY MUNICIPAL COURT, CLERK OF COURT

375 South High Street Columbus, OH 43215 Phone: (614) 645-7420

Web: www.fcmcclerk.co

Offers mediation programs intervene in disputes including landlord-tenant issues such as unreturned security deposits and repairs needed. The Rent Escrow Program details the procedures tenants can follow when having issues that materially affect the tenant's health and safety and also violate local building, housing or safety codes.

LUTHERAN SOCIAL SERVICES

750 East Broad Street Columbus, OH 43205-1000

Phone: (614) 228-5200 Fax: (614) 228-3059 Web: <u>www.lscco.org</u>

Offers a full continuum of housing services: skilled nursing, assisted and retirement living communities, affordable housing for senior adults, transitional housing for persons transitioning from homelessness to self-sufficiency and emergency shelters.

THE OPEN SHELTER, INC.

61 East Mound Street Columbus, OH 43215

Phone: (614) 222-2885 or (614) 461-0407

Provides outreach and advocacy services for homeless and recently homeless persons. Day Center services include financial management and payeeship program, shelter/housing access negotiation, landlord/tenant negotiation, clothing, lunches and referral services. Evening meals are served at 501 East Broad Street Monday, Tuesday and Thursday at 4:30 p.m. Open 10:00 a.m. - 2:00 p.m., Monday - Friday.

YWCA FAMILY CENTER

900 Harvey Court Columbus, OH 43219 Phone: (614) 253-3910

Web: www.ywcacolumbus.org

The <u>YWCA</u> Family Center offers 24-hour assistance to Franklin County families experiencing a housing crisis. Assistance may include homeless prevention, emergency shelter, meals, licensed child care, housing resources, employment resources, case management and referrals to other community resources. The <u>YWCA</u> Family Center staff will discuss housing options with families that have children 17 years old and younger who are seeking shelter. Families with no other resources will be assisted in finding emergency shelter and may be admitted to the Family Center program.

INCOME TAX

AARP TAX-AIDE PROGRAM

Web: www.aarp.org/money/taxaide/

Offers free one-on-one counseling during tax season to help individuals prepare basic tax forms, including the 1040, 1040A, 1040EZ and standard schedules. To locate the tax counseling site nearest you, visit www.aarp.org or call (888) 227-7669.

YWCA OF COLUMBUS

65 South Fourth Street Columbus, OH 43215-4383 Phone: (614) 224-9121

Fax: (614) 233-3305

Web: www.ywcacolumbus.org

<u>WINGS</u> Center for Self-Discovery: Permanent Supportive Housing for chronically homeless women ages 18 and older who have a history of mental illness. Residence for Women: Residential rooms for single women.

2-1-1 INFORMATION AND REFERRAL

SEARCH

Phone: 2-1-1 or (614) 221-2255

TYY: 7-1-1

Web: www.211us.org

Provides free and confidential information and referral for help with food, housing, employment, health care, counseling and more.

BENEFITS CHECK UP

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215

Phone: (800) 282-1206

Web: www.benefitscheckup.org

A free online service from the National Council on Aging and the Ohio Department of Aging that helps seniors identify state and federal assistance programs that can improve their quality of life. Seniors fill out a confidential questionnaire accessible from any computer connected to the Internet and the service returns up to date information on government programs that the user would most likely qualify for. If you do not have access to a computer, call (800) 282-1206.

ELDERCARE LOCATOR

Phone: (800) 677-1116 Web: www.eldercare.gov

Clients may access an extensive network of state and local organizations that serve older people anywhere in the United States. Assists the user in identifying the most appropriate organization for information and assistance in an older person's community.

FRANKLIN COUNTY SENIOR OPTIONS Franklin County Office on Aging

280 East Broad Street, 3rd Floor

Columbus, OH 43215 Phone: (614) 525-6200 Fax: (614) 525-5300 TTY: (800) 750-0750

Web: www.officeonaging.org

Provides information and access to needed services for Franklin County older adults, friends and families to maintain independent living.

HANDS ON CENTRAL OHIO

195 North Grant Avenue Columbus, OH 43215 Phone: (614) 221-6766

Fax: (614) 224-6866 TTY: (614) 341-2272

Web: www.handsoncentralohio.org

A 24-hour information and referral service that provides individuals with the most current community service information seven days a week, free of charge.

LONG TERM CARE CONSULTATION

Central Ohio Area Agency on Aging

174 East Long Street Columbus, OH 43215 Phone: (614) 645-7250

or (800) 589-7277 Fax: (614) 645-3884 Web: <u>www.coaaa.org</u> Part of a statewide program that offers free in-home assessment, advice, learning resources, referrals and written recommendations to people of any age about preparing for or addressing the challenges of older life, including retirement, lifestyle planning and long-term care choices.

National Clearinghouse for Long Term Care

Web: www.longtermcare.gov

Provides information on understanding, planning and paying for long term care.

OHIO ASSOCIATION OFAREA AGENCIES ON AGING 135 Dublin Road, Suite 214 A Columbus, OH 43215

Phone (614) 481-3511

Web: www.ohioaging.org

Ohio Association of Area Agencies on Aging (O4A), is a statewide network of agencies that provide services for the elderly and advocate on behalf of older Ohioans. It addresses issues, which have an impact on the aging network, provides services to member agencies and serves as a collective voice to Ohio's Area Agencies on Aging.

SENIOR ROUNDTABLE OF COLUMBUS AND FRANKLIN COUNTY

Phone: (614) 654-0767

Web: www.facebook.com/SeniorRTColumbus

Advocates for seniors and their families by identifying needs and services that provide improved and safe living conditions, and to promote collaboration among public and private agencies and groups to implement solutions to satisfy these needs and services.

UNITED STATES GOVERNMENT, SENIOR CITIZENS RESOURCES

Web: www.seniors.gov

Online portal for websites for seniors. Covers a wide range of topics and links to federal, state and local sites. Topics include caregiver resources, consumer protection, end-oflife issues, etc.

LEGAL SERVICES AND ADVOCACY

CAPITAL UNIVERSITY FAMILY ADVOCACY CLINIC

303 East Broad Street Columbus, OH 43215

Phone: (614) 236-6779

Assists individuals who cannot afford to hire private council with issues related to interpersonal violence, including representation in civil protection orders.

CAPITAL UNIVERSITY LEGAL CLINIC

303 East Broad Street Columbus, OH 43215 Phone: (614) 236-3245

Accepts cases in late August and early January for low income individuals for assistance with will preparation, living wills, powers of attorney, eviction divorce/dissolution cases, and general civil matters.

THE COUNCIL ON DEVELOPEMENTAL DISABILITIES

2344 East Fifth Avenue Columbus, OH 43219 Phone: (614) 252-4900

Matches volunteers with the developmentally disabled.

ELDER RIGHTS DIVISION/LONG-TERM CARE OMBUDSMAN

Ohio Department of Aging 50 West Broad Street, 9th Floor

Columbus, OH 43215 Phone: (800) 282-1206 Fax: (614) 466-5201

Web: www.aging.ohio.gov

Serves by resolving disputes, upholding consumers' rights and responding to complaints throughout Ohio. Ombudsmen offer three main services:

- Complaint investigation and resolution: handles complaints about nursing homes, adult care facilities and home and community-based services.
- Education and information: informs consumers of their rights and benefits and educates the public about choices available in long-term care services.
- Advocating consumer rights: identifies issues affecting the rights of long-term care clients. This may involve working toward ensuring consistent standards of care or defining consumer rights.

INTAKE DIVISION

Columbus City Attorney Richard C. Pfeiffer Jr.'s Office, Prosecutor Division
375 South High Street, 7th floor
Columbus, OH 43215

Phone: (614) 645-8813

Web: www.columbuscityattorney.org

The Intake Section of the City Attorney's Office assists the public with the processing of criminal misdemeanor complaints. Individuals who wish to file a complaint will complete a basic intake complaint form and then be formally interviewed. Then, the intake officer will discuss viable options. These

include but are not limited to a complaint only, evaluation for charges, warning letter, mediation hearing, protection order referral, and community resources referral. There is no cost for this service. The Intake Section is open Monday through Friday from 9:00am to 7:00pm. The Intake Section is closed on Saturday and Sunday.

LAWYER REFERRAL SERVICE

Columbus Bar Association 175 South Third Street, 11th Floor Columbus, OH 43215 Phone: (614) 221-0754

Fax: (614) 221-4850

Refers callers with legal problems to private attorneys. In addition, the Lawyer Referral Service advises clients of their basic legal options even if attorney referral is not appropriate.

LAWYERS FOR JUSTICE

Columbus Bar Association
175 S. Third Street, 11th Floor
Columbus, OH 43215
Phone: (614) 221-4112

Fax: (614)221-4850

Provides selected civil services for indigent residents of Central Ohio and provides a vehicle for Central Ohio attorneys who wish to provide services to this population. Clients are not charged attorney's fees, but are responsible for any court costs such as filing fees, costs of depositions, etc.

LEGAL AID SOCIETY OF COLUMBUS

1108 City Park Avenue Columbus, OH 43206 Phone: (614) 224-4514

Web: www.columbuslegalaid.org

Provides legal services in a limited number of civil cases based on available resources. Areas include housing, domestic violence, divorce, unemployment, health, welfare, consumer law and bankruptcy. Due to case load limitations, not all cases are accepted.

LONG TERM CARE OMBUDSMAN PROGRAM

Catholic Social Services 197 East Gay Street, 2nd Floor Columbus, OH 43215

Phone: (614) 221-5891 Fax: (614) 228-1125 Web: www.colscss.org

Program serves Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union Counties. Services include assisting residents of nursing homes and licensed adult care facilities with problems, questions or complaints about their care or rights violations and consultations regarding adult care placements. Also serves recipients of community-based services.

MEDIATION PROGRAM

Columbus City Attorney Richard C. Pfeiffer Jr.'s

Office, Prosecutor Division 375 South High Street, 7th Floor Columbus, OH 43215

Phone: (614) 645-5807

Web: www.columbuscityattorney.org

Complaints filed with the Intake Section may be appropriate for mediation. This process is voluntary and confidential and affords the complainant an opportunity to resolve a dispute using a neutral third party mediator. Types of complaints appropriate for mediation included disputes involving property, animals, noise, and harassment with family, a neighbor, coworker, friend, or roommate. There is no cost for this service.

OHIO LEGAL RIGHTS SERVICES

50 West Broad Street, Suite 1400

Columbus, OH 43215

Phone: (614) 466-7264 or (800) 282-9181

TTY: (614) 728-2553 Fax: (614) 644-1888 Web: www.olrs.gov

The mission of <u>OLRS</u> is to protect and advocate, in partnership with people with disabilities, for their human, civil and legal rights. <u>OLRS</u> provides client directed, legal based rights protection and advocacy services to people with disabilities.

PRO SENIORS, INC.

7162 Reading Road, Suite 1150 Cincinnati, OH 45237

Phone: (800) 488-6070 Web: www.proseniors.org

Provides legal information and advice to Ohio residents 60 and older. If caller has a concern that cannot be resolved over the phone, the hotline will try to match the caller with a private attorney that has agreed to accept cases at a reduced fee for clients with limited income. Also provides advice and problem investigation/resolution for long-term care concerns and assistance with selecting a long-term care facility.

VINEYARD COMMUNITY CHURCH

Legal Clinic
15187 Palmer Road

Reynoldsburg, OH 43068 Phone: (740) 927-7729

Web: www.vineyard05.com

Allows those with a qualified need, the opportunity to meet with an attorney. Because of the limited number of volunteer attorneys and paralegals, it may take 2-3 hours to be seen by a volunteer. Volunteers are able to give advice on resolving the problem or an attorney may take the case and work until resolved, or a referral may be made to another agency. All services are provided free.

LIBRARY SERVICES

Many of the cities in Franklin County, outside of Columbus, also have public libraries. Contact the library in your area for more information about special services and programs.

COLUMBUS METROPOLITAN LIBRARY

Main Library 96 South Grant Avenue Columbus, OH 43215

Phone: (614) 645-2ASK Web:

www.columbuslibrary.org

Services include homebound book delivery, Talking Books, large print and audio books. Web site provides links for volunteer opportunities, retirement, travel and computer instruction.

TALKING BOOK PROGRAM

The State Library of Ohio **274 East First Avenue** Columbus, OH 43201-3673

Phone: (800) 686-1531

Provides recorded books and magazines to people who are visually or physically challenged and are determined to be eligible after receipt of a completed application. This service and the equipment used to play the recordings are available free of charge.

LGBTQ SERVICES

The Franklin County Office on Aging offers services to all seniors in Franklin County regardless of gender, sexual orientation, ethnicity or religion.

STONEWALL COLUMBUS

(614) 299-7764 1160 N. High Street Columbus, Ohio 43201-2411 www.stonewall-columbus.org

Stonewall Columbus serves the Central Ohio GLBT community by providing a community center and offering programming and services that enhance the well-being and visibility of our diverse community through discovery, affirmation and celebration.

MEDICAID

Medicaid pays for medical care and services for needy families and individuals who qualify under the law. There are specific eligibility requirements with regard to income and assets which must be met before one can receive Medicaid benefits. To determine eligibility for Medicaid, contact your local Franklin County Department of Job and Family Services Community Opportunity Center, listed on the following pages.

FRANKLIN COUNTY DEPARTMENT OF JOB AND FAMILY SERV ICES OPPORTUNITY CENTERS:

EAST OPPORTUNITY CENTER

1055 Mount Vernon Avenue Columbus, OH 43203 Phone: (614) 212-1999

Fax: (614) 212-1998

Zip Codes: 43068, 43109, 43147, 43203, 43205,

43206, 43209, 43213, 43227

NORTHLAND OPPORTUNITY CENTER

1721 Northland Park Avenue Columbus, OH 43229 Phone: (614) 233-2000

Fax: (614) 233-2524

Zip Codes: 43002, 43004, 43054, 43081, 43082, 43085, 43201, 43202, 43210, 43211, 43212, 43214, 43215, 43216, 43219, 43220, 43221, 43224, 43226, 43229, 43230, 43231, 43234, 43235, 43236, 43240, & 43272

WEST OPPORTUNITY CENTER

314 North Wilson Road Columbus, OH 43204 Phone: (614) 233-2000

Fax: (614) 233-2878

Zip Codes: 43016, 43017, 43026, 43065, 43119, 43126, 43204, 43222, 43223, 43228

SOUTH OPPORTUNITY CENTER

3723 South High Street Columbus, OH 43207 Phone: (614) 233-2000

Fax: (614) 233-2691

Zip Codes: 43110, 43123, 43125, 43137, 43140,

43146, 43206, 43207, 43217, 43232

MEDICARE

All persons 65 or over who qualify for Social Security benefits are eligible for Medicare Parts A and B. Part A is hospital insurance which you receive as part of your Social Security. Part B is medical insurance that carries a monthly charge and is deducted from your Social Security check if you wish to have it. Part B pays 80% of the allowed costs of most physicians' services, laboratory and radiology, outpatient hospital benefits and other health benefits. Individuals receiving Social Security disability benefits and chronic renal disease benefits are entitled to Medicare beginning the 25th month of disability. You may qualify for Part B if you are not eligible for Social Security benefits. Medicare now offers prescription drug coverage to people eligible for Medicare Part A and/or Part B. To enroll in Medicare, telephone your local Social Security Office at least three months before you reach age 65 (see Social Security). If you have questions about your Medicare claim, contact (800) MEDICARE. For general Medicare

questions, contact the Central Ohio Area Agency on Aging at (614) 645-7250 or the Ohio Senior Health Insurance Information Program at (800)686-1578. To apply for the low-income subsidy available for the new Prescription Drug Plans, contact your local Social Security Office. For more information visit www.MyMedicare.gov.

For speakers regarding Medicare information, contact the <u>COAAA</u> at (614) 645-7250 or <u>OSHIIP</u> at (800) 686-1578.

BENEFITS CHECK UP

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215

Phone: (800) 282-1206 Web: www.benefitscheckup.org

A free online service from the National Council on Aging and the Ohio Department of Aging that helps seniors identify state and federal assistance programs that can improve their quality of life. Seniors fill out a confidential questionnaire accessible from any computer connected to the Internet and the service returns up to date information on government programs that the user would most likely qualify for. If you do not have access to a computer, call (800) 282-1206.

MEDICARE OUTREACH

Central Ohio Area Agency on Aging

174 East Long Street Columbus, OH 43215 Phone: (614) 645-7250 Fax: (614) 645-3884

Web: www.coaaa.org

Provides free community and professional education presentations. Program also provides individual consultation and advocacy to assist older adults and their caregivers with concerns regarding Medicare. Specialists assist in resolving complex issues. Links eligible Medicare beneficiaries with programs that help with the cost of premiums. Provides cost comparisons on Medicare Part D prescription drug plans.

OHIO KEPRO

Rock Run Center, Suite 100 5700 Lombardo Center Drive Seven Hills, OH 44131

Phone: (800) 589-7337 Web: www.ohiokepro.com

Ohio **KEPRO** is a Quality Improvement Organization contracted by the Centers for Medicare and Medicaid Services. Monitors the quality, necessity and appropriateness of health care received under Medicare. Call the toll free number if you have concerns about the care you receive or are facing early discharge.

OHIO SENIOR HEALTH INSURANCE INFORMATION PROGRAM (OSHIP)

The Ohio Department of Insurance

50 W. Town Street, Suite 300 Columbus, OH 43215-1527

Phone: (800) 686-1578 Web: www.olrs.ohio.gov

Hotline counselors help callers understand and sort out problems with Medicare, Medicaid, Medicare Supplemental insurance policies, long-term care insurance, retirement health plans, the new Part D Prescription Drug Plans and other health insurance. Many communities have OSHIIP volunteers ready to assist seniors. Speakers and easy-to-read publications are also available. All services and printed materials are provided free of charge.

NURSING HOMES

ELDER RIGHTS DIVISION/LONG-TERM

CARE OMBUDSMAN

Ohio Department of Aging

50 West Broad Street, 9th Floor

Columbus, OH 43215 Phone: (800) 282-1206 Fax: (614) 466-5201

Web: www.aging.ohio.gov

Serves by resolving disputes, upholding consumers' rights and responding to complaints throughout Ohio. Ombudsmen offer three main services:

- Complaint investigation and resolution: handles complaints about nursing homes, adult care facilities and home and community-based services.
- Education and information: informs consumers of their rights and benefits and educates the public about choices available in long-term care services.
- Advocating consumer rights: identifies issues affecting the rights of long-term care clients. This may involve working toward ensuring consistent standards of care or defining consumer rights

FRANKLIN COUNTY DEPARTMENT OF JOB AND FAMILY SERV ICES

Nursing Home Unit
West Community Opportunity Center
314 North Wilson Road
Columbus, OH 43204-6221

Phone: (614) 233-2823-1250 or (614) 233-2833

Fax: (614) 233-2870

Provides eligibility information and applications for financial aid (Medicaid) to assist in the payment of nursing home costs.

LONG-TERM CARE OMBUDSMAN PROGRAM

Catholic Social Services

197 East Gay Street, 2nd floor Columbus, OH 43215

Phone: (614) 221-5891 or (800) 536-5891

Fax: (614) 228-1125 Web: <u>www.colscss.org</u>

Program serves Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union Counties. Services include assisting residents of nursing homes and licensed adult care facilities with problems, questions or complaints about their care or rights violations, and consultations regarding adult care placements. Also serves recipients of community-based services.

NURSING HOME COMPARE Medicare & Medicaid Services 7500 Security Boulevard Baltimore, MD 21244-1850

Web: www.medicare.gov/NHcompare

An online list of nursing homes. Nursing Home Compare includes information only on nursing homes that are Medicare or Medicaid certified.

PASSPORT PROGRAM

Central Ohio Area Agency on Aging 174 East Long Street Columbus, OH 43215 Phone: (614) 645-7250

Fax: (614) 645-3884 Web: <u>www.coaaa.org</u>

For a person considering nursing home placement, a referral to PASSPORT (Pre-Admission Screening System Providing Options and Resources Today) is appropriate. Offers alternatives to nursing home placement, including professional case management and in-home services, to eligible people age 60 and over. A referral can be made by calling the intake office at (614) 645-7250.

PENSIONS

There are some people who have worked for the government who would be covered by programs other than Social Security. These might include:

PUBLIC EMPLOYEES RETIREMENT SYSTEM

277 East Town Street Columbus, OH 43215-4642

Phone: (800) 222-7377 Web: <u>www.opers.org</u>

Provides age and service retirement, disability benefits and survivor benefit programs for the public employees of Ohio who are not covered by another state or local retirement system.

U.S. RAILROAD RETIREMENT BOARD

844 North Rush Street Chicago, IL 60611-2092 Phone: (877) 772-5772

Web: www.rrb.gov

VETERANS AFFAIRS BENEFITS OFFICE

U.S. Department of Veterans Affairs

Cleveland Regional Offices 1240 East Ninth Street Cleveland, OH 44199 Phone: (800) 827-1000

Web: www.va.gov

Advises veterans, their families or survivors of all of the VA benefits available to them and assists them in applying for such benefits.

PET SERVICES

CAPITAL AREA HUMANE SOCIETY

3015 Scioto-Darby Executive Court Hilliard, OH 43026

Phone: (614) 777-7387

Web: www.cahs-pets.org/index.htm

Animals can be surrendered to CAHS by appointment or walk-in. Photo ID and proof of ownership of animal must be provided.

Pet owners can apply for one voucher per household for a free spay/neuter surgery and rabies vaccination at participating veterinary clinics.

CAT WELFARE ASSOCIATION, INC.

741 Wetmore Road Columbus, OH 43214 Phone: (614) 268-6096 Fax: (614) 268-8392

Web: www.catwelfareohio.com

Offers adoption of stray cats or homeless cats. Provides shots, spaying or neutering, micro-chipping and leukemia testing at a minimal cost.

COZY CAT COTTAGE

62 Village Pointe Drive Powell, OH 43065 Phone: (614) 336-8516

Web: www.cozycatcottage.com

Provides refuge, aid and care for abandoned, injured, abused or lost cats and kittens. Unwanted animals are not euthanized. The mobile clinic provides vaccination shots, spay and neutering and grooming services. Must register in advance.

FRANKLIN COUNTY DOG SHELTER

Seniors with Pets 1731 Alum Creek Drive Columbus, OH 43207 Phone: (614) 525-4360

Donated pet food may be available for seniors. Call or walk-in for more information.

PLANNING AND COORDINATING AGENCIES

CENTRAL OHIO AREA AGENCY ON AGING

174 East Long Street Columbus, OH 43215 Phone: (614) 645-7250 Fax: (614) 645-3884

Web: www.coaaa.org

Plans, operates and develops services in central Ohio that help older adults maintain their independence. Administers PASSPORT, Older Americans Act programs, the Franklin County Volunteer Guardian program, Healthy Well and Wise and other community training as well as numerous contract, grant, and demonstration programs. Provides information, advice, advocacy and long term care consultations.

FRANKLIN COUNTY OFFICE ON AGING

280 East Broad Street, Room 300 Columbus, OH 43215-4527

Phone: (614) 525-5230 Fax: (614) 525-5300 TTY: (800) 750-0750

Web: www.officeonaging.org

Provides programs and services that assist older adults in maintaining independent living. Administers Franklin County Senior Options, which provides a system of care for seniors to help maintain independent living. Franklin County Senior Options is funded by the five-year Senior Services Levy. Also coordinates Adult Protective Services, the Minor Home Repair Program and the Property Tax Assistance Program.

OHIO DEPARTMENT OF AGING

50 West Broad Street, 9th Floor Columbus, OH 43215

Phone: (614) 466-5500 Fax: (614) 466-5741

Web: www.aging.ohio.gov

Distributes federal and state funds for health and human services to older adults through Ohio's 12 area agencies on aging. Also coordinates several statewide special events and programs for senior citizens.

<u>UPPER ARLINGTON COMMISSION ON</u> AGING

1945 Ridgeview Road UpperArlington, OH 43221

Phone: (614) 583-5326 Fax: (614) 442-4006

Advocates for the needs of older Upper Arlington adults 60 and older. Addresses particularly the issues of older adult housing, transportation, caregiving, health and education. Also administers Kind Call, Upper Arlington's free safety telephone calling system which safeguards independent living for residents

PRESCRIPTION DRUG INFORMATION AND ASSISTANCE

ACCESS TO BENEFITS COALITION

Web: www.accesstobenefits.org

Educates Medicare beneficiaries with lower incomes, helps them make informed choices about prescription savings programs and facilities enrollment in prescription savings programs.

BENEFITS CHECK UP

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215 Phone: (800) 282-1206

Web: www.benefitscheckup.org

A free online service from the National Council on Aging and the Ohio Department of Aging. Helps find programs that can help pay for prescription drugs, health care and more.

CENTRAL OHIO POISON CENTER

255 East Main Street Columbus, OH 43215 Phone: (800) 222-1222

A 24 hour emergency telephone service for management of poisonings, staffed by pharmacists and nurses.

JOIN

578 East Main Street Columbus, OH 43215 Phone: (614) 241-2531

Offers emergency assistance with utility bills, prescriptions and clothing.

NEEDY MEDS

Web: www.needymeds.org

Provides information about patient assistance programs that provide prescription medications to eligible participants.

OHIO'S BEST PRESCRIPTION DISCOUNT PROGRAM

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215 Phone: (866) 301-6446

Fax: (614) 644-1471

Web: www.ohiobestrx.org

Golden Buckeye cardholders may receive discounts on medications through Ohio's Best RX Prescription Discount Program. People without insurance may be eligible to receive a discount off the regular cash retail price on qualifying prescription drugs.

OHIO STATE BOARD OF PHARMACY

77 South High Street, Room 1702 Columbus, OH 43215 Phone: (614) 466-4143

Register consumer complaints concerning pharmacists and pharmacies with this office.

PATIENTADVOCATE FOUNDATION CO-PAY RELIEF (CPR)

421 Butler Farm Road Hampton, VA 23666 Phone: (866) 512-3861

Web: www.copays.org

Provides direct financial assistance to qualified patients, assisting them with prescription drug copayments their insurance requires. The program offers personal service to all patients through the use of CPR call counselors. The call counselor works directly with the patient as well as with the provider of care to obtain necessary medical, insurance and income information to advance the application in an expeditious manner.

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

Phone: (888) 477-2669 Web: <u>www.pparx.org</u>

Assists in helping qualifying patients who lack prescription coverage get the medicines they need.

PRESCRIPTION ACCESS

1180 E. Main Street, 2nd Floor Columbus, Ohio 43205 Phone: (614) 645-5556

Web: www.prescription-access.org

Improves clients' access to medication, provides bridge medications, assists clients to enroll in prescription assistance plans and refers persons to community resources.

PROPERTY TAX REDUCTIONS

HOMESTEAD EXEMPTION DEPARMTNET

Franklin County Auditor's Office 373 South High Street, 21st Floor Columbus, OH 43215

Phone: (614) 525-3240 Fax: (614) 525-3375

Web: www.franklincountyohio.gov/auditor

This program provides eligible homeowners a reduction on their real property or manufactured home taxes. The reduction is equal to the taxes that would otherwise be charged on up to \$25,000 of the market value of an eligible taxpayer's home. The application period is open between the first Monday in January and the first Monday in June annually. In order to qualify, applicants must:

- Be at least 65 years of age during the year for which they file OR permanently and totally disabled as of January 1st of the year for which they file OR the surviving spouse (age 59-64) of a current homestead recipient
- Own and occupy their home as their principal place of residence as of January 1st of the year for which they file.

SENIOR CITIZEN PROPERTY TAX

ASSISTANCE PROGRAM

Franklin County Office on Aging

280 East Broad Street, Room 300 Columbus, OH 43215

Phone: (614) 525-5230 Fax: (614) 525-5300 TTY: (800) 750-0750

Web: <u>www.officeonaging.org</u>

Offers one-time assistance to help low income individuals 60 and older who are unable to pay their current property taxes (delinquent taxes are not considered).

PROTECTIVE SERVICES

ADULT PROTECTIVE SERVICES

Franklin County Office on Aging 280 East Broad Street, Room 300

Columbus, OH 43215 Phone: (614) 462-4348 Fax: (614) 462-5300 TTY: (800) 750-0750

Web: www.officeonaging.org

Provides services to older persons unable to protect their own interests, who are harmed or threatened with harm by another or who, due to their own physical or mental incapacity, are at risk of injury, neglect, maltreatment or deprivation of adequate food, shelter, clothing or other entitlements due them.

CHOICES FOR VICTIMS OF DOMESTIC

VIOLENCE

P.O. Box 06157

Columbus, OH 43206 Phone: (614) 224-4663

Administrative Number: (614) 224-7200

Fax: (614) 224-7222

Web: www.choicescolumbus.org

Twenty-four hour crisis line offering information and referral to victims of domestic violence. Provides temporary shelter for battered women and their children, individual and group counseling and education/training for community groups and social service agencies. Outreach to special populations, including older adults. Provides community and legal advocacy.

RESPITE CARE

Relief for caregivers may be provided in or out of the home. Most assisted living facilities and nursing homes offer short term respite care. Cost per day varies greatly among facilities. Contact the individual facility for more information.

Respite care may be provided on a sliding fee basis to persons in need who are age 60 and older. Call Franklin County Senior Options at (614) 525-6200.

WESTMINSTER-THURBER COMMUNITY

717 Neil Avenue Columbus, OH 43215 Phone: (614) 228-8888

Fax: (614) 228-8898

Up to five days of respite care may be available at no cost under a grant from the COAAA. Pre-admission assessment must be completed.

Senior Citizen Organizations AARP, OHIO OFFICE 17 See the High Street Street

17 South High Street, Suite 800 Columbus, OH 43215

Phone: (866) 389-5653 Fax: (614) 224-9801

Web: www.aarp.org

FRANKLIN COUNTY CHAPTER OFAARP

Neighborhood Facilities Building
1393 East Broad Street
Meets on first Monday at 1:30 p.m. (March December) For more information on chapters,

contact the AARP Ohio Office at (866) 389-5653.

COLUMBUS TEAMSTER RETIREE CLUB

555 East Rich Street, Room 209 Columbus, OH 43215

Phone: (614) 461-0827

INTERNATIONAL ASSOCIATION OF MACHINISTS AND AEROSPACE WORKERS

District Lodge 54 Headquarters

2625 Winchester Pike Columbus, OH 43232 Phone: (614) 239-0401

NATIONAL ASSOCIATION OF RETIRED AND CURRENT FEDERAL EMPLOYEES, COLUMBUS CHAPTER 235

William N. Cannon, President 28 W. Lincoln Ave. Delaware, OH 43015

Phone: (740) 365-4419 Web: www.narfe.org

POLICE AND FIRE RETIREES OF OHIO, INC.

7516 Slate Ridge Blvd Reynoldsburg, OH 43068 Phone: (614) 866-1352

Fax: (614) 866-5508 Web: <u>www.pfro.com</u>

PUBLIC EMPLOYEE RETIREES, INC.

659-F Park Meadow Road Westerville, OH 43081 Phone: (614) 891-6868

Fax: (614) 891-8887 Web: <u>www.operi.org</u>

SENIOR CITIZENS RECREATION CENTER

Senior Centers provide a warm, supportive environment where seniors can relax, socialize and learn. Many of the centers offer recreational activities, as well as tax assistance, lunch programs and nursing services. For further information, call the center located in your area.

COLUMBUS RECREATION AND PARKS DEPARTMENT

1111 East Broad Street Columbus, OH 43205 Phone: (614) 645-3300

Fax: (614) 645-8839

Web: www.columbusrecparks.com

Offers recreational programs including arts, athletics, life skills, outdoor education, swimming, special events and other leisure recreation activities through 19 community recreation centers, seven senior centers, 4 swimming pools, youth and adult sports leagues, 240 parks, 40 miles of paved trails, summer camps, three specialized arts facilities and a senior art consignment site. Also offers senior programs geared for 55 and older. Call for more information.

WHETSTONE COMMUNITY CENTER

3923 North High Street Columbus, OH 43214 Phone: (614) 645-3243

GILLIE SENIOR RECREATION CENTER

2100 Morse Road Columbus, OH 43229 Phone: (614) 645-3106

MARION FRANKLIN COMMUNITY CENTER/SENIOR PROGRAMS

2801 Lockbourne Road Columbus, OH 43207 Phone: (614) 645-3612

MCDOWELL SENIOR CENTER

667 Sullivant Avenue Columbus, OH 43215 Phone: (614) 645-3176

The following Columbus Recreation and Parks community recreation centers may have special programs for older adults. Call the center of interest for additional information.

BARNETT RECREATION CENTER

1184 Barnett Road Columbus, OH 43227 Phone: (614) 645-3065

DODGE RECREATION CENTER

667 Sullivant Avenue Columbus, OH 43215 Phone: (614) 645-8151

FAR EAST RECREATION CENTER

1826 Lattimer Drive Columbus, OH 43227 Phone: (614) 645-3159

LAZELLE WOODS RECREATION CENTER

8140 Sancus Boulevard Columbus, OH 43081 Phone: (614) 645-5330

WESTGATE RECREATION CENTER

455 South Westgate Avenue Columbus, OH 43204 Phone: (614) 645-3264

WHETSTONE RECREATION CENTER

3923 North High Street Columbus, OH 43214 Phone: (614) 645-3217

WOODWARD PARK RECREATION CENTER

5147 Karl Road Columbus, OH 43229 Phone: (614) 645-3158

<u>Senior Citizen recreation programs sponsored by</u> <u>other municipalities in Franklin County:</u>

BEXLEY PARKS AND RECREATION

DEPARTMENT

165 North Parkview Avenue Bexley, OH 43209 Phone: (614) 559-4300

BLENDON TOWNSHIP SENIOR CENTER

6330 Hempstead Road Westerville, OH 43081 Phone: (614) 882-1260

CANAL WINCHESTER COMMUNITY SENIOR CENTER

22 South Trine Street Canal Winchester, OH 43110

Phone: (614) 837-8276

DUBLIN COMMUNITY RECREATION

CENTER

5600 Post Road Dublin, OH 43017

Phone: (614) 410-4550

GAHANNA SENIOR CENTER

480 Rocky Fork Boulevard Gahanna, Ohio 43230

Phone: (614) 342-4265

GROVE CITY PARKS AND RECREATION DEPARTMENT/E.L. EVA NS SENIOR CENTER

4330 Dudley Avenue Grove City, OH 43123 Phone: (614) 277-1060

GROVEPORT MADISON SENIOR CENTER

7370 Groveport Road Groveport, OH 43125 Phone: (614) 836-4599

HILLIARD SENIOR CENTER

3810 Veterans Memorial Drive Hilliard, OH 43026

Phone: (614) 876-0747

LEO YA SSENOFF JEWISH CENTER

1125 College Avenue Columbus, OH 43209 Phone: (614) 231-2731

OBETZ COMMUNITY SENIOR CENTER

1611 Chillicothe Street Obetz, OH 43207

Phone: (614) 491-4546

PRAIRIE TOWNSHIP SENIOR CENTER

4616 West Broad Street Columbus, OH 43228 Phone: (614) 878-5110

REYNOLDSBURG SENIOR CENTER

1520 Davidson Drive Reynoldsburg, OH 43068 Phone: (614) 866-5890

VAUGHN E. HAIRSTON SOUTHWEST COMMUNITY CENTER YMCA

3500 First Avenue Urbancrest, OH 43123 Phone: (614) 539-1770

UPPER ARLINGTON SENIOR CENTER

1945 Ridgeview Road UpperArlington, OH 43221 Phone: (614) 583-5320

WESTERVILLE SENIOR CENTER

310 West Main Street Westerville, OH 43081 Phone: (614) 901-6560

WHITEHALL SENIOR CENTER

4924 Etna Road Whitehall, OH 43213 Phone: (614) 501-8593

WORTHINGTON - GRISWOLD SENIOR

CENTER

777 High Street Worthington, OH 43085 Phone: (614) 842-6320

SOCIAL SECURITY AND S.S.I SOCIAL SECURITYADMINISTRATION

Phone: (800) 772-1213 TTY: (800) 325-0778

Web: www.socialsecurity.gov

OFFICE LOCATIONS:

<u>Downtown</u>: 200 North High Street, Suite 225 Columbus, OH 43215

East: 220 S. Hamilton Road Columbus, OH 43213

North: 1051 Worthington Woods Blvd Worthington, OH 43085

West: 1060 Georgesville Road

Columbus, OH 43228

The Social Security Office provides assistance to people that wish to file for Social Security retirement, disability, survivors, Medicare or Supplemental Security Income (S.S.I.) benefits. Monthly retirement benefits are payable as early as 62 to any person who has worked a prescribed number of years in Social Security-covered employment. Monthly disability payments are available at any age to people who have met certain Social Security-covered employment requirements and who have a disabling condition. Widows and widowers may receive a monthly payment as early as age 60, and as early as age 50 if disabled.

Supplemental Security Income (S.S.I.) is administered by the Social Security Administration for people age 65 and older, and to blind and disabled individuals, including children, whose income and resources are below specified levels.

SUICIDE PREVENTION

Senior Hotline (information and crisis line): (614) 294-3309 24-hour Suicide Prevention Line: (614) 221-5445 Or (800) 273-TALK

Agencies can refer suicidal clients to North Central Mental Health (614) 299-6600, ext. 2048 between 9 a.m. - 5 p.m.

Support Groups and Services

Many health-related organizations, community agencies, counseling centers and churches provide support groups where people in similar circumstances can come together to share their concerns. These groups may be led by professionals or volunteers. Please refer to *Health Related Services* in this Hand book for support groups relating to health issues.

Call Franklin County Senior Options

at (614) 525-6200 for more information regarding groups or services.

Supportive Services

There are many programs in Franklin County that provide supportive services. Most involve staff making home visits to clients in order to assess their needs. Outreach workers are knowledgeable about the various public benefits and social services that may suit a client's needs. Contact the agencies individually for more detailed information about the services each provides.

CATHOLIC SOCIAL SERVICES

197 East Gay Street, 2nd Floor Columbus, OH 43215

Phone: (614) 221-5891

Fax: 228-1125

Web: www.colscss.org

Serves the following zip codes: 43204, 43215, 43223, 43119, 43126, 43207, 43137, 43146, 43212, 43222, 43228, 43123, 43201, 43203.

THE CLINTONVILLE-BEECHWOLD COMMUNITY RESOURCES CENTER

14 West Lakeview Avenue Columbus, OH 43202 Phone: (614) 267-3050 Fax: (614) 268-5028

Serves residents in zip codes 43202 and 43214.

COMMUNITY REFUGEE AND IMMIGRATION SERVICES (CRIS)

3628 Bexvie Avenue Columbus, Ohio 43227 Phone: (614) 235-5747 Fax: (614) 235-6127

Web: www.cris-ohio.com

Works to increase the level and the quality of services available to older refugees and immigrant. Clients are assisted in counseling, doctor's appointments, interpretations, enrolling in ESOL and citizenship classes, finding housing, furniture bank appointments, and case management. Case workers also assist refugee and immigrant seniors in home visits, needs assessment and connecting to senior specific services such as Franklin County Senior Options.

CONCORD COUNSELING SERVICES

700 Brookedge Blvd Westerville, OH 43081 Phone: (614) 882-9338

Fax: (614) 882-3401

Serves Franklin County.

JEWISH FAMILY SERVICES

1070 College Avenue Columbus, OH 43209 Phone: (614) 231-1890

Provides overall geriatric assessment to assist with service planning. Social workers can come to the home for people with access problems. Serves Franklin County.

JOIN

578 East Main Street Columbus, OH 43215 Phone: (614) 241-2531

Offers emergency assistance with utility bills, prescriptions and clothing.

FIRST COMMUNITY CHURCH

1320 Cambridge Boulevard Columbus, OH 43212 Phone: (614) 488-0681

Web: www.fcchurch.com

Depending on availability of funds, First Community Church, offers limited emergency financial assistance for rent, utilities, prescriptions, etc. For rental assistance, proof is needed to show the ability to pay the following month's rent and will check history of renter with landlord

Furniture Bank of Central Ohio

118 South Yale Avenue Columbus, OH 43222 Phone: (614) 272-9544

Web: www.furniturebankcoh.org

Provides furniture, appliances and home furnishings to families and individuals struggling financially to furnish their own homes. Provides 10-14 pieces of furniture for bedroom, living room and kitchen. By appointment only - your case manager must call and make an appointment for you. Delivery service available for a fee. Accepts donations of clean, usable furniture, household goods, appliances in working order, linens, etc. Call for a free pickup (within Columbus and contiguous suburbs), Mon. - Fri. 8:00a.m. - 4:30p.m. Drop-off always appreciated (same days/time).

GAHANNA RESIDENTS IN NEED (GRIN)

Phone: (614) 471-4491

Web: www.grin4gahanna.org

Assists families in the Gahanna-Jefferson school district in becoming self-sufficient. Short term

emergency assistance available for utility bills, rent, car repairs, medical needs, etc.

GLADDEN COMMUNITY HOUSE

Community Services Program

183 Hawkes Avenue Columbus, Oh 43223 Phone: (614) 227-1600

Web: www.gladden-us.org

Provides emergency financial assistance for utilities and prescriptions one time per year. Depending on availability, household items may be offered as well.

NORTH COMMUNITY COUNSELING

CENTERS Phone: (614) 261-3196

Locations:

4897 Karl Road Columbus, OH 43229

1495 Morse Road, Suite B-3 Columbus, OH 43229

6565 Worthington-Galena Road Worthington, OH 43085

3025 West Broad Street Columbus, OH 43204

NORTHWEST COUNSELING SERVICES

1560 Fishinger Road Columbus, OH 43221

Phone: (614) 457-7876, ext.332

Web: www.northwestcounselingservices.org

Serves northwest Columbus and northwest Franklin County. Also serves the following areas: Grandview Heights, Marble Cliff, Upper Arlington, Hilliard, Worthington, Riverlea and Dublin.

PAULINE HOME ASSOCIATION

4500 East Broad Columbus, OH 43213 Phone: (614) 863-1788

Web: www.paulinehome.org

Services are geared to meet needs of seniors who find it difficult to keep up with routine paperwork and billpaying. Home visits are made at least once a month to offer personal expense management.

SENIOR INDEPENDENCE

6555 Busch Blvd. Suite 200 Columbus, OH 43229 Phone: (614) 433-0031

Provides personal emergency response systems, transportation, home delivered meals, hospice and adult day care. Call for information on payers and fees.

TELEPHONE REASSURANCE

Senior Call

E.L. Evans Senior Center 4330 Dudley Avenue

Grove City, OH 43123 Phone: (614) 277-1060

Fax: (614) 277-1068

Senior Call is a telephone reassurance program where volunteers place a call to an elderly person every weekday to chat and make sure they are well. This daily contact is one of the most effective means of reducing isolation, victimization and health concerns. Many seniors and volunteers develop a friendly relationship. This trained volunteer will give added peace of mind to the individual and his/her family.

<u>Upper Arlington Kind Call</u> 1760 Zollinger Road Columbus, OH 43221

Phone: (614) 442-4016

Provides the security of a check-in phone call for older citizens, people who live alone or the physically disabled living in Upper Arlington. A computer calls the home daily at a prearranged time or on specific days of the week. If no one answers, a key holder is sent (relative or friend) to check on the Kind Call member. This is a free service.

Westerville Safe Call

Westerville Communications
29 South State Street

Westerville, OH 43081 Phone: (614) 901-6790

Fax: (614) 901-6796

Safe Call is a daily telephone check in service for homebound, handicapped or elderly residents. Safe Call is a free service for Westerville City and Blendon Township residents. Call for more information.

TRANSPORTATION

Transportation to and from medical appointments may be provided on a sliding-fee basis to persons in need who are age 60 and older.

Call Franklin County Senior Options at (614) 525-6200.

The following pages list transportation options for seniors living in Franklin County. Check with your local community or senior center and ask if it offers medical transportation. For additional transportation listings, look in the business listings in the phone book under *Transportation*.

American Red Cross of Greater Columbus Community Transportation Program

995 East Broad Street Columbus, OH 43205 Phone: (614) 253-2740

Appointment Request Line: (614) 253-6705

Provides transportation to people age 60 and over, Monday through Friday, 7:00 a.m. to 5:00 p.m., Saturday, 7:00 a.m. to 5:00 p.m. for dialysis only. Transports to and from medical and other appointments. Special arrangements for group trips are considered. Arrangements must be made 7-10 working days in advance. This service can transport wheelchair clients. To make appointments, call the answering service at (614) 253-6705 between 8:30 a.m. and 5:00 p.m., Monday through Friday. Pre-registration is required.

THE CLINTONVILLE-BEECHWOLD

COMMUNITY

Resources Center

14 West Lakeview Avenue Columbus, OH 43202

Phone: (614) 267-3050 Fax: (614) 268-5028

Provides transportation to and from medical appointments in zip codes 43202 and 43214.

COTA

Mainstream

1333 Fields Ave

Columbus, OH 43201

Phone: (614) 228-1776 (information and

applications)

Fax: (614) 272-3015

Reservations: (614) 272-3033

TTY: (614) 272-3030 Web: www.cota.com

Mainstream is a complimentary demand-response, shared-ride public transportation for individuals who qualify under the Americans with Disabilities Act (ADA). The service is designed to provide safe, clean and reliable transportation for those individuals who cannot access fixed-route service. Individuals who wish to use Mainstream must complete an eligibility process and be ADA certified. Call (614) 228-1776 for further information or to request an application.

Franklin County Department of Job and

Family Services

1721 Northland Park Avenue Columbus, OH 43229

Phone: (614) 233-2000 Fax: (614) 233-2398

The Franklin County Department of Job and Family Services' Transportation Unit determines medical transportation eligibility. Customers interested in transportation services should contact the Transportation Unit at (614) 233-2000, Monday through Friday between 7:00 a.m. and 5:00 p.m. A short application is completed by phone and then customers are sent a medical transportation application to give to their medical providers for completion. Once the medical transportation application is returned and services are approved, customers can contact the Transportation Unit at least one business day prior to their appointment to schedule transport to a Medicaid provider.

Grove City Parks and Recreation Department

E.L. Evans Senior Center 4330 Dudley Avenue Grove City, OH 43123

Phone: (614) 277-1060

Evans Senior Center members are eligible for van/minibus transportation to the grocery store, bank or medical appointments or other Grove City destinations. Senior must reside in Grove City/Jackson Township. Wheelchair lift available. Call for more information.

Groveport-Madison Township Senior

Transportation Program

7370 Groveport Road Groveport, OH 43125

Phone: (614) 836-7433 Fax: (614) 836-2999

Promotes an independent lifestyle for individuals age 60 and older as well as to those individuals with disabilities age 18 or over who reside in the City of Groveport. Fare free ambulatory and accessible transportation is available to destinations throughout Franklin County for medical purposes and the southeast corner of Franklin County for non-medical destinations. Requests for transportation are accepted with a two day advance notice for appointments beginning between 9:00 a.m. and 1 p.m. Transportation services are available Tuesday through Friday. Prior application and screening must be completed prior to service. Call for details.

Ohio Bureau of Motor Vehicles Registration Division P.O. Box 16520 Columbus, OH 43216-6520

Phone: (614) 752-7800

Issues placards and license plates for disabled veterans. Placards and license plates for persons with a disability may be obtained at local Deputy Registrar agencies.

The Ohio State University Medical Center

<u>Driver Rehab Service</u> 2050 Kenny Road Columbus, OH 43221 Phone: (614) 293-3833

Helps older adults maintain driving independence. Offers clients and their physicians a comprehensive medical evaluation to provide input regarding the client's overall driving abilities and offers suggestions to improve, not restrict, driving.

Senior Independence 6555 Busch Blvd. Suite 200 Columbus, OH 43229 Phone: (614) 433-0031

Lift and non-lift transportation. Contact for information on payers and fees.

St. Stephen's Community House 1500 East Seventeenth Avenue Columbus, OH 43219 Phone: (614) 294-6347

Fax: (614) 294-0347

Assists in providing transportation to and from medical appointments, picking up prescriptions, food stamps and other non-traditional needs.

Westerville Senior Center

310 West Main Street Westerville, OH 43081 Phone: (614) 901-6560

Web: www.westerville.org

Transportation is provided for members traveling within the Westerville School District for programs at the Center, medical appointments, shopping and banking. Notice for transportation must be by 1:00 p.m. the business day before transportation is needed. Call (614) 901-6567 for fees and schedules.

VETERANS SERVICES

CHALMERS P. WYLIE VA CARE CENTER

420 N. James Road Columbus, OH 43219

Phone: (614) 257-5200 or (888) 615-9448

Fax: (614) 257-5460

Web: www.columbus.va.gov

Provides a full range of high quality ambulatory health-care services which includes, but is not limited to, cardiology, hematology/oncology, dental, laboratory medicine, nursing, ophthalmology, optometry, pharmacy, podiatry, psychiatry (including a Day Treatment Center and a Drug and Alcohol Treatment Program), psychology, radiology, rehabilitation medicine, social services and surgery. The Clinic also supports a Veterans Counseling Center.

<u>United States Government, Department of Veterans Affairs</u>

Outpatient Clinic

420 North James Road Columbus, OH 43219 Phone: (614) 257-5200

Web: www.va.gov

Provides outpatient medical, surgical and psychiatric services. Case management, in-home services and respite care may be available to veterans meetings certain requirements. Call for eligibility. Co-pay for doctor visits are determined by veteran's income and priority group. Home-based primary care is available to homebound veterans.

Veterans First Foundation

Veteran's Free Clothing Store

P.O. Box 23758

Columbus, OH 43223

Phone: (614) 313-9108

Provides clothing and other necessities including toiletries, furniture and mobility devices.

VETERANS SERVICE COMMISSION,

FRANKLIN COUNTY

Franklin County Veterans Memorial

250 West Broad Street

Columbus, OH 43215-2787

Phone: (614) 525-2500 Fax: (614) 462-2505 Assists veterans, widows, orphans and dependents in filing for veterans benefits. Financial help available in emergency situations to the above listed on a limited basis.

VETERANS AFFAIRS BENEFITS OFFICE

U.S. Department of Veterans Affairs Cleveland Regional Offices

1240 East Ninth Street Cleveland, OH 44199 Phone: (800) 827-1000

Web: www.va.gov

Advises veterans, their families or survivors of all of the VA benefits available to them and assists them in applying for such benefits.

VETERANS HANDICAP ACCESSIBILITY PROGRAM

<u>Franklin County Office on Aging-Senior Options</u> 280 East Broad Street, 3rd Floor Columbus, OH 43215

Phone: (614) 525-6200

Provides minor home repairs, wheelchair ramps, safety devices and other assistive devices to disabled veterans in Franklin County.

VIETNAM VETERANS OF AMERICA

35 East Chestnut, Suite 416 Columbus, OH 43215 Phone: (614) 228-0188

Fax: (614) 228-2711

Provides veterans with assistance in filing for compensation benefits and/or pension benefits from the U.S. Department of Veterans Affairs.

VICTIM - WITNESS ASSISTANCE PROGRAMS

<u>Domestic Violence And Stalking Unit</u> Columbus City Attorney's Office 375 South High Street, 17th Floor Columbus, OH 43215

Phone: (614) 645-6232

Web: www.columbuscityattorney.org

A program designed to help any person who is a witness to or a victim of a misdemeanor crime of Domestic Violence or Menacing By Stalking. Provides personal escorts to municipal courtrooms upon arrival to court. Provides individual case information and support. Victims may call with any court related question, problem or concern. Crisis counseling and referral available. Open Monday through Friday, 8 a.m. to 4:30 p.m.

<u>Victim Witness Assistance unit</u> <u>Franklin County Prosecutor's Office</u> 373 South High Street, 14th Floor Columbus, OH 43215

Phone: (614) 525-3555

Program provides information and assistance regarding the practices and procedures of the justice system and victims' rights. Provides information and support to victims and witnesses in felony cases and helps them navigate the criminal justice system.

VISION SERVICES BUREAU OF SERV ICES FOR THE VISUALLY IMPAIRED

899 E. Broad Street Columbus, OH 43205

Phone: (614) 466-6031 or (800) 430-6940

Fax: (614) 985-7765

Provides a number of programs and services to the blind and visually handicapped in order to rehabilitate them. Offers a homebound training program for the elderly in which rehabilitation teachers are sent to their homes to instruct them in skills that support independent living.

EYE CARE AMERICA

655 Beach Street San Francisco, CA 94142-9098

Fax: (415) 561-8567

Web: <u>www.eyecareamerica.org</u>

Assists with referrals to volunteer ophthalmologists. Physicians agree to provide services at no out-of-pocket cost to patients, including an initial eye exam and care for any conditions diagnosed at the initial visit. Other professional fees and eyeglasses are not covered. To be eligible, individuals must be 65 or older, in financial need, a U.S. citizen or legal resident and not currently under the care of an ophthalmologist. Online referrals only.

NEWS REEL, INC.

5 East Long Street, Suite 1001 Columbus, OH 43215

Phone: (614) 469-0700

Web: www.newsreelmag.org

Monthly audio magazine produced for visually impaired subscribers. Each edition has information and resources for blind and visually impaired individuals. Cost differs by type of subscription. Visit website or call for more information.

THE OHIO STATE UNIVERSITY COLLEGE OF OPTOMETRY

Homebound Eye Examinations 320 West Tenth Avenue Columbus, OH 43210 Phone: (614) 688-3759

Eye examinations are provided in an individual's home or an extended care facility. Services include ocular health evaluations and the procurement of spectacles. Special magnifiers and other devices for the partially sighted individual can also be demonstrated. Examination and glasses are often covered by Medicare, Medicaid or other third party agencies. Fee for service.

THE OHIO STATE UNIVERSITY COLLEGE OF OPTOMETRY

Low Vision Rehabilitation Service 338 West Tenth Avenue Columbus, OH 43210 Phone: (614) 292-1104

Provides examination and management of partially sighted individuals to help allow independent, efficient and safe visual functioning. Individualized attention is provided. Specialized magnifiers and other assistive devices are considered. Individuals benefitting from evaluation include those with vision loss due to macular degeneration, diabetic retinopathy, glaucoma and many other eye conditions. Fee for services. Examination is often covered by Medicare and Medicaid.

PREVENT BLINDNESS OHIO

1500 West Third Avenue, Suite 200 Columbus, OH 43212

Phone: (614) 464-2020 Web: <u>www.pbohio.org</u>

Provides access to donated comprehensive, professional eye exams, follow-up care, education and eyewear to adults who are uninsured or underinsured and whose income is within 200% of the federal poverty guidelines. Individuals need to be linked with a participating social service agency in order to access services.

SHARE THE VISION

Phone: (614) 538-0988

Web: www.sharethevisionohio.org

Web site and support groups for those who have lost vision or are experiencing vision loss. Web site lists information on all areas of vision loss, rehabilitation, national and local organizations, adaptive devices, low vision aids and more. A support group meets the third Tuesday of each month. Call for more details.

VISION CENTER OF CENTRAL OHIO, INC.

1393 North High Street Columbus, OH 43201 Phone: (614) 294-5571

Web: www.vvs.ohio.org

Provides comprehensive rehabilitation services to persons who are blind, visually impaired or otherwise disadvantaged. In the Low Vision Clinic, optometrists experienced in low vision evaluate the need for specialized prescriptions, low vision aids and glasses. Examinations are often reimbursed by Medicare. Rehabilitation teachers provide functional assessments and training in the use of optical and non-optical low vision aids. These include magnifiers, sun lenses, reading stands and lamps.

VOICE CORPS READING SERVICE

2955 West Broad Street Columbus, OH 43204 Phone: (614) 274-7650

Fax: (614) 274-9340

Web: www.voicecorps.org

Broadcasts the reading of printed materials (daily and weekly newspapers, magazines, local grocery and retail sale ads), and features assorted interview and entertainment programs 24 hours a day to people unable to read due to visual or other physical disabilities by using a closed circuit radio receiver.

Eligible listeners can also access webcasts from the agency website. Consumers can listen to most Ohio newspapers read via computerized voice and toll-free number with the Ohio Telephone Reader. All services are free of charge to eligible persons who complete an application process including disability verification.

VOLUNTEER OPPORTUNITIES

Foster Grandparent Program
Hands On Central Ohio
195 North Grant Avenue
Columbus, OH 43215
Phone: (614) 221-6766

Fax: (614) 221-6866 Web: www.firstlink.org

Stipended volunteers 60 years of age and older share their experience and talents to improve the lives of children with special needs.

HANDS ON

195 North Grant Avenue Columbus, OH 43215 Phone: (614) 221-6766

Fax: (614) 221-6866

Web: <u>www.handsoncentral.org</u>

Promotes volunteerism throughout the community by assisting individuals and groups in locating volunteer opportunities. Retired Senior Volunteer Program (RSVP) allows adults 55 and older to use their experience and skills to help others in Franklin

County. Volunteers choose how they will serve, whether in adult literacy programs, delivering meals, serving the homeless, hospitals, senior centers, arts and historical organizations and working with animals. Call for more information.

SCORE

401 North Front Street, Suite 200 Columbus, OH 43215

Phone: (614) 469-2357

Web: www.scorecolumbus.org

Offers financial, procurement and management counseling for present and prospective small business owners. Retired business persons organized in chapters of the Service Corps of Retired Executives (SCORE) provide business management counseling at no charge and business-oriented seminars at a nominal charge. Qualified volunteers wanted.

Senior Companion Program

Catholic Social Services
197 East Gay Street, 2nd Floor
Columbus, OH 43215

Phone: (614) 857-1237 Fax: (614) 228-1125 Web: www.colscss.org

Seniors 60 and over provide companionship to older adults with special needs. Companions volunteer 20 hours per week. A stipend and travel expenses are provided (companions must meet income guidelines).

MITZVAH CORPS VOLUNTEER SERVICES

Jewish Family Services 1070 College Avenue Columbus, OH 43209

Phone: (614) 559-0184

Volunteer opportunities range from offering respite care to transportation and friendly visiting to elderly homebound.

North Central Mental Health Suicide Prevention Program 1301 North High Street Columbus, OH 43201 Phone: (614) 299-6600

Volunteers are needed to answer the Suicide Prevention Hotlines. In addition to the 24-hour Hotline, the program features the Senior Hotline for calls from older adults. Fifty hours of training are provided. Volunteers make a commitment to answer the line for six hours a week (volunteers choose their own shifts) for six months. Volunteer Guardian Program
Central Ohio Area Agency on Aging
174 East Long Street

Columbus, OH 43215 Phone: (614) 645-7250 Web: www.coaaa.org

Program recruits, screens and trains volunteer laypeople to become 'guardians of the person' for adults who have no family, no assets and who are assessed as mentally incapacitated. Volunteers must be at least 21, willing to undergo a police background check and give personal references. A \$20.00 fee covers the cost of screening. Basic and continuing education training is required.

VOTER INFORMATION

Franklin County Board of Elections

280 East Broad Street Columbus, OH 43215 Phone: (614) 525-3470

Web: www.vote.franklincountyohio.gov

Ohio now has "No Excuse" Absentee Voting. All voters can now enjoy the convenience of an absentee ballot and vote in the privacy of their own home. Call to request an application or access an application on the Board of Elections Web site.

THE END!